

Herb Plant Price List

2317 Evergreen Rd.
Louisa, Va 23093
(540)967-1165
(434)882-2648
www.forrestgreenfarm.com



Abuotilon, Biltmore Ballgown :

3.5" Pot Retail Price: \$4.25

Sun to part sun Height 2-4 feet spread 12-24 inches
Coral flowers
Also referred to as flowering maple
has a dangling tiger stripe flower that is very showy
Can over winter this plant as a house plant.

Angelica : *Angelica archangelica*

3.5" Pot Retail Price: \$4.25

Biennial Full to Part Sun
Best known for candied stems and having flavor similar to licorice.
Digestive aid and bitter
Beautiful garden plant.
Prefers part sun in VA and moist soil.

Ageratum, Blue Horizon F1 : *ageratum houstonianum*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 24-30 inches
Tight, blue flower clusters
Use to attract bees and butterflies to your garden
Classic cut flower for bouquets
Very heat tolerant

Anise-Hyssop : *Agastache foeniculum*

3.5" Pot Retail Price: \$4.25

Full Sun Perennial
Attractive honey plant produces abundant nectar. Great bee plant. Medicinal: Aerial parts are energizing and cooling, works on digestion.
Delightful as a tea or culinary seasoning.
Purple flowers that are edible.

Agrimony : *Agrimonia eupatoria*

3.5" Pot Retail Price: \$4.25

Herbaceous perennial, full sun, average soil.
Tea has great reputation as a wash for healing wounds & skin eruptions. Internally, tea useful for liver, kidney, & bladder problems. Produces yellow, gold, and green dyes.
folk lore- hang above door to keep out unwanted energy

Argyranthemum : *Butterfly Yellow*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Daisy-like blooms all summer long!
Blooms are the size of a half dollar
Pinch back spent blooms.
A daisy that likes the heat!

Aloe : *Aloe vera*

3 Qt. Pot Retail Price: \$6.00

Part Sun
Needs good drainage.
Let dry out between watering.
Bring inside in September for the winter.

Arnica : *Arnica montana*

3.5" Pot Retail Price: \$4.25

Part sun
Perennial zones 6-9
Prefers cool climate, good drainage and acid soil (good for rock gardens). Has strong analgesic and antiseptic effects good for trauma. Infuse flowers in oil for use in salves and wound remedies.
Excellent flower essence for trauma!

Amaranthus Love-lies-Bleeding : *Amaranthus*

3.5" Pot Retail Price: \$4.25

Annual Full Sun Height 36-60 inches
Crimson tassels up to 24" long drip from these showy plants. Can be used fresh or dried in arrangements.
The greens can be boiled or cooked in soups. The seeds can be popped (like popcorn) or ground into flour.

Artichoke, Imperial Star : *Cynara scolymus*

3.5" Pot Retail Price: \$4.25

Full Sun to part Shade perennial to zone 7
Keep moist during dry spells
produces artichokes in the first year since we do a cold introduction before you buy it.
Typically 6-8 mature buds, avg. 3-4" diam., per plant; plants 3-4' tall, spreading.

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Asclepias "Monarch's Promise" : *Asclepias*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 28-40 inches
Prefers warm, dry conditions
Attract butterflies including Monarchs
Gorgeous variegated milkweed

Ashitaba : *Angelica keiskei koidzumi*

3.5" Pot Retail Price: \$6.00

Biennial Part sun Water every other day - needs moist but not too moist. Likes compost rich soils.
Grows slowly at first but then reaches 5 feet tall X 4 feet wide
Rare. The nutritional benefits of this high chlorophyll plant are extensive and tasty. Has the presence of B12 a vitamin not usually found in plants. Traditionally this is called a rejuvenating food for long life.

Ashwagandha : *Withania somnifera*

3.5" Pot Retail Price: \$5.00

Full sun hardy to 15 degrees
Dried root is a Ginseng-like tonic of the Ayurvedics
plants grown in spring may be dug after first frost
wash & dehydrate roots before use
plants is considered annual in temperate zones

Aster, New England Aster : *Aster novae-angliae*

3 Qt. Pot Retail Price: \$7.50

Full to Part Sun Height 4' Perennial
Bloom Time -August thru October, rich purple flowers with orange centers. Loved by pollinators.
Medicinally, used for lungs issues such as asthma or allergies. It is antispasmodic, calmative, decongestant, diaphoretic, expectorant, and nerveine.

Astragalus : *Astragalus membranaceus*

Retail Price: \$5.00

Herbaceous perennial native to -15 degrees. Prefers full sun, average soil, with good drainage. Medicinally known for immune enhancing benefits. Used for common cold to recuperation from chemotherapy. Make a decoction of root or add to soups. Can also make a tincture of root.
Chinese Medicine refers to as Huang-qi

Baptisia : *Baptisia Australis*

3 Qt. Pot Retail Price: \$9.00

full to part sun
beautiful bluish purple flowers
Great for flower arrangements

Basil, African Blue : *Ocimum canum*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Rare, minty tasting African Basil.
Medicinally used as a tea against persistent headache, migraine, fever, worms, and rheumatism.
Excellent herb to infuse in honey and mead making.
Great bee plant.

Basil, Cinnamon : *Ocimum basilicum*

3.5" Pot Retail Price: \$4.25

Full Sun.
Height 26-30".
Distinctive violet stems, veining, and flower bracts with lavender blooms and 2" long leaves. Beautiful in casual flower bouquets.

Basil, Genovese "Rutgers Devotion" : *Ocimum*

3.5" Pot Retail Price: \$4.25

Annual - full sun Height: 24-30 "
Extremely Mildew resistant variety
Plant as a windowsill herb in house for fall
a favorite authentic Italian basil
dark green leaves about 3" long, this variety is slow to bolt
pinch back flowers to continue leaf production

Basil, Greek Columnar :

3.5" Pot Retail Price: \$4.25

Full Sun Heirloom
Height 8-10 inches
Native to Southeast Asia.
Tiny leaves on dome shaped plants. Great for adding into salads, use in cooking or add to tomato sandwiches.

Basil, Italian Large Leaf : *Ocimum basilicum*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
24-30" tall
Large plant with medium dark green leaves up to 4' long.
taste is even sweeter than Genovese basil.
Excellent large leaves for pesto making!

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Basil, Lime : *Ocimum americanum*

3.5" Pot Retail Price: \$4.25

Full Sun warm temperatures.
Ht. 16-20".
Adds a unique citrus flair to fish, salads and drinks.
Compact plant has 2" long, bright green leaves.

Basil, Mrs. Burns Lemon : *Ocimum basilicum*

3.5" Pot Retail Price: \$4.25

Full Sun Height 20-24"
Sweet, tangy lemon basil
Very bright green 2- 1/2 inch leaves, very attractive plant and intensely flavorful.

Basil, Red Rubin : *Ocimum basilicum*

3.5" Pot Retail Price: \$4.25

Full Sun, Annual
Height 18-24 inches.
warm temperatures. Vigorous purple, Italian large Leaf type.
High yields and great flavor

Basil, Thai :

3.5" Pot Retail Price: \$4.25

Full Sun, warm temperatures
Annual
has an anise-clove flavor
attractive purple stems and blooms
great in Thai cooking

Bay Laurel : *Laurus nobilis*

3 Qt. Pot Retail Price: \$15.00

Perennial in zone 8-10 full sun
does well in pot and can be brought in during frost months
leaf best known for its flavor in cooking
leaf can also be dried and used in food storage of rice, bean, & grains to deter insects (weevils).

Bergamot, Lemon Mint : *Monarda Citriodora*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 30-38"
Makes an excellent cut or dried flower. Has pink-purple flower whorls on square stems.
Young foliage is strongly lemon-scented and good for teas.
Attracts butterflies and hummingbirds to the garden.

Bergamot, Wild : *Monarda fistulosa*

3.5" Pot Retail Price: \$4.25

Full to part sun in moist soil
Perennial Height 36-48"
Lavender flowers with strong fragrance.
Makes a great tea. Used medicinally to aid digestion and specifically for a headache that is caused by poor digestion and constipation

Bitter Melon : *Momordica charantia*

3.5" Pot Retail Price: \$4.50

Full Sun Perennial vine grown as an annual in our climate
Vines are vigorous and fruits are large, high yielding. Good medicine and culinary value.
A super anti-diabetic herb, known to support the pancreas and promote secretions of insulin.
Eat the fruits or use in cooking.

Black Eye Susan Vine (Yellows) : *Thunbergia alata*

3.5" Pot Retail Price: \$5.00

Full Sun Height 4' to 5'
A sunny mix of soft yellow, orange and white flowers with dark eyes.
Needs a trellis or something to climb. Does well in a pot with a small trellis. Can also be put into a window box or hanging basket.

Bleeding Heart, Valentine, Dicentra : *Dicentra*

3 Qt. Pot Retail Price: \$13.00

Blessed Thistle : *Cnicus benedictus*

3.5" Pot Retail Price: \$4.25

Annual Full Sun
Height 15-24"
Main value is tonic for the digestive system
Said to improve circulation and blood, thereby strengthening the brain and memory

Blue Flag Iris : *Iris versicolor*

3.5" Pot Retail Price: \$5.00

Perennial. Water-loving.
Indigenous plant with brilliant violet-blue blossoms variegated with yellow and white, interspersed with purple veins.
A low dose botanical used to stimulate lymphatic flow

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Blue Vervain : *Verbena hastata*

3.5" Pot Retail Price: \$4.25

Perennial Full to part sun
Height up to 5 feet tall
like growing in damp areas, beautiful blue flower spikes
Native North American Wildflower
Medicinally, has a tranquilizing effect, useful for insomnia and nervous conditions.
Good for neck pain!

Blueberry Blue Crop : *Vaccinium corymbosum*

Retail Price: \$30.00

Height 4-6 feet Spread 4-6 feet Sun to part sun
Mid-season variety (july 15-August 15)
Produces very large firm berries with excellent flavor.
Prefers soil pH below 5 for success.
Cross-pollination can lead to a higher yield.
Beautiful fall foliage color.

Blueberry Blueray : *Vaccinium corymbosum 'Blueray'*

Retail Price: \$30.00

Height 4-6 Feet Spread 4-6 Feet Sun, Part Sun
Mid- Season (July 13 - August 22)
Produces large, light blue highly flavored fruit.
Prefers soil pH below 5 for success.
Cross-pollination can lead to a higher yield.
Beautiful fall foliage color.

Boneset : *Eupatorium perfoliatum*

3.5" Pot Retail Price: \$4.25

Perennial full to part sun
likes wet areas. white flowers 1-5 ft high, very showy and long lived flowers
medicinal - remedy for colds & intermittent fever, especially for flu. dried leaf and flowering tops used in tea or tincture.
Known to take the aches away during flu. Sip tea slowly

Borage : *Borago Officinalis*

3.5" Pot Retail Price: \$4.25

Annual may re-seed Full Sun/part Shade Height: 18-30"
Add young leaves & flowers to salad. Medicinally, leaves used as a tonic to restore & renew adrenal glands especially after cortisone or steroid use. Infused vinegar is mineral rich used on foods & fungicidal for ringworm & athletes foot as a soak.

Broom, Dyer's : *Genista tinctoria*

3.5" Pot Retail Price: \$4.25

Full to part sun
Height 24-35 inches
Used to dye wool a bright yellow color
Medicinally used for gout and rheumatism.

Burdock : *Arctium lappa*

3 Qt. Pot Retail Price: \$7.50

Full Sun Biennial Height 36 inches
Extraordinary nutritive and blood cleansing properties. Long roots- best for medicine. Also makes a great edible root for stir fries or added to soups or pickled.
Harvest regularly for stir fry or for medicine in fall after frost or early the next spring

Calendula : *Calendula officinalis*

3.5" Pot Retail Price: \$4.25

Full/part sun Height: 24-30" Spacing: 6-12"
Annual
Brilliant, long lasting, orange edible flowers
Used in making healing salves for cuts, wounds, burns, dry skin, diaper rash and more
Excellent lymph mover.

Calendula, Erfurter Orange : *Calendula officinalis*

3.5" Pot Retail Price: \$4.25

Full to part sun Height 2 feet
Superior variety grown for its flowers and medicine.
Known for anti-inflammatory properties, wound healing, lymph mover and soothing effects on the skin.

Caraway : *Carum carvi*

3.5" Pot Retail Price: \$4.25

Biennial - Full Sun/Part Shade
Well drained soil
culinary - fresh leaves in soups, salads, and cabbage dishes
medicinally - steep crushed seed in milk or water for digestive upset

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Catmint : *Nepeta mussinii*

3.5" Pot Retail Price: \$4.25

Sun to part shade Height 12-18"
Perennial
Lavender blooms on spiky stems- very showy
Cats do like but not as much as catnip
Medicinal - tea for nervous tension

Catnip : *Nepeta Cataria*

3.5" Pot Retail Price: \$4.25

Full Sun
Height 24-48" Spacing: 12-18"
Perennial known to be adored by cats
Medicinally the leaves and flowering tops are used as a gentle antispasmodic, mild sedative, and sleep aid.
Good windowsill house plant to supply your cats.

Celandine : *Chelidonium majus*

3.5" Pot Retail Price: \$4.25

Perennial
Part Sun Height 2 feet tall
Latex juice mixed with vinegar is said to remove warts and corns.
Medicinally used in small doses for stomach pains, gallbladder and inflammation.

Celosia, Cramer's Amazon :

3.5" Pot Retail Price: \$4.25

Annual full sun
moist fertile soil
great for bouquets fresh or dried burgundy bloom
pinch back at 12" tall or it can grow 9' tall

Celosia, Cramer's Burgundy : *Celosia argentea*

3.5" Pot Retail Price: \$4.25

Full Sun Annual Height 30-36"
moist fertile well-drained soil
blooms can reach 4-5" across appx. 15-20 stems per plant
Can be easily dried for flower arrangements or potpourri
real show stopper in the garden

Celosia, Cramer's Rose : *Celosia argentea cristata*

3.5" Pot Retail Price: \$4.25

Full Sun
Prolific, iridescent rose-colored , crested type celosia
Blooms 2- 6" across
15 to 20 stems per plant
Height 30 -36"

Chamomile, Common (German) : *Matricaria recutita*

3.5" Pot Retail Price: \$4.25

Height: 15-24" Spacing 8" Perennial
Sun/part shade - Annual that reseeds readily
A prolific producer of flowers.
Dried flowers make a gentle sedative tea for calming and improving digestion

Chamomile, Roman : *Chamaemelum nobile*

3.5" Pot Retail Price: \$4.25

Perennial ground cover
Height: 10-16" spacing: 8-12"
plants grow to form a wonderful smelling carpet ground cover
can be used in teas

Chervil : *Anthriscus cerefolium*

3.5" Pot Retail Price: \$4.25

Sun/part shade moist, rich soil
height: 10-24" Spacing: 6"
delicate parsley and anise type flavor used with fish, poultry, eggs, and soups. Popular for salads and as a garnish
Medicinally; settles digestion, lower blood pressure, and high in vitamin C

Chia : *Salvia hispanica*

3.5" Pot Retail Price: \$4.25

Plant 1 foot apart Full Sun and needs regular watering
Each plant grows 3 to 5 feet tall
Prefers warm soils. Roasted and crushed seeds can be mixed with water or chewed to make a gel that is an excellent source of energy and used to increase endurance
Bee and butterfly plant

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Chives : *Allium schoenoprasum*

3.5" Pot Retail Price: \$4.25

Perennial - Full Sun/Part Shade
Height: 18" Spacing: 4-8 "
mild onion flavor, leaves used in culinary dishes
attractive pink globe shaped edible blooms in spring
use leaves fresh, dried, or frozen

Cilantro, Santo : *Coriandrum sativum*

3.5" Pot Retail Price: \$4.25

Annual - Full Sun to Part Shade
Height: 12-18" Spacing: 2-4"
fresh leaves used in cooking
Plant in fall for a second crop.
Many times it will over winter in our area.

Clary Sage : *salvia sclarea*

3.5" Pot Retail Price: \$4.25

Full to part sun Biennial Height 4 feet
Greenish gray foliage with a beautiful pink flower spike.
Likes some afternoon shade.
seeds soaked in water produce mucilaginous eye bath which
removes particles - hence the name clear eye
leaves used as a fixative in potpourris

Cleavers : *Galium aparine*

3.5" Pot Retail Price: \$4.25

Part Sun average soil
Annual- Height 12"
Ground dweller that creeps and crawls
Medicinal - a superior lymphatic tonic.
Also use as a diuretic and for treating upper respiratory illness.

Clematis, various types :

3 Qt. Pot Retail Price:

Cleome, spider flower : *Cleome pink lady*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Cleome gets it's nickname "Spider Flower" from the spidery-like
flowers with long, waving stamen which are held on tall, strong
leafy stems. Planted in mass, They look like blooming shrubbery
with 8-inch balls of blossoms. They will reach a height of 5 feet.

Comfrey : *Symphytum officinale*

3.5" Pot Retail Price: \$4.25

Perennial Height 24 inches
Moist well-drained soil - full /part sun
contains healing agent allantoin
used to heal cuts, abrasions, injuries,etc.
important fodder & green manure crop

Cornflower : *Centaurea*

3.5" Pot Retail Price: \$4.25

Annual
Often nicknamed Bachelor's Button.
Height 24-30 inches. Full sun to part shade.
Tolerates poor soil. Blue & pink flowers mix make great cut
flowers and are also edible and can be used for salads and
desserts.

Cosmos Double Click Bicolor Violet :

3.5" Pot Retail Price: \$4.50

Full to Part Sun
Ht 42-46"
2-3" blooms. An excellent cutting flower.
Flower colors range from eggplant purple with a contrasting
bright white background to a creamy white with a blush of
lavender

Cosmos, Bright Lights :

3.5" Pot Retail Price: \$4.25

Full Sun Annual Height 36"
Showy orange and yellow cosmos. Makes an excellent cut and
come again flower for arrangements. Attracts butterflies and
hummingbirds.
Great for Fall Color
Easy to save seed and may reseed

Cosmos, Double Click Mix : *Cosmos bipinnatus*

3.5" Pot Retail Price: \$4.50

Full Sun Annual
Height 42-46"
Tall plants with large fully double and semi-double blooms in
shades of pinks and whites. Makes an excellent cut flower and is
a cut and come again flower.

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Cosmos, Sensations Mix : *Cosmos bipinnatus*

3.5" Pot Retail Price: \$4.25

Full Sun Annual Height 48-54 "
Single flowers 3-4 inches across in lavender, pink, magenta, & white.
Excellent in as a cut flower and is the cut & come again variety

Cosmos, Xsenia : *Cosmos bipinnatus*

3.5" Pot Retail Price: \$4.50

Full Sun Height 24-28"
Multicolored rose colored at edges with terracotta orange filling in the mid-petals. Blooms color fade to warm antique rose as the blooms mature.
Grows tidy flowers good for cut flower

Cotton : *Gossypium hirsutum*

3.5" Pot Retail Price: \$4.50

Red Foliated White Cotton
Height 3-5 feet tall
A beautiful plant with dark red stems and leaves. Will be green when it first starts growing but then develops its red.
Wait for bolls to split open before harvesting.

Cuban Oregano : *Plectranthus amboinicus*

3.5" Pot Retail Price: \$5.00

Full Sun Height 12-18" tall
Needs good drainage. Does well in containers with a succulent potting mix.
Use for culinary dishes for a bold flavor.
Medicinally, used for respiratory and throat infections, to stimulate lactation, for rheumatism, and constipation.

Culver's Root : *Veronicastrum virginicum*

3.5" Pot Retail Price: \$4.25

Part to Full Sun Height to 4 feet tall
Perennial
Produces spikes of beautifully stunning white flowers
Medicinally used by Native Americans, the aged root is a gentle laxative and tonifying to the liver.

Cup & Saucer Vine : *Cobaea scandens*

3.5" Pot Retail Price: \$5.00

Heirloom Annual grows to 20 feet Full Sun
The development of the flowers is quite a show. They start out green, five cornered, papery buds, then open to reveal the green saucer and bell shaped flower. The pale flower then becomes striped with violet and then changes to deep purple.

Cutting Celery : *Apium graveolens*

3.5" Pot Retail Price: \$4.25

Part to Full Sun
Height: 18" Spacing: 6"
semi-hardy perennial
Leafy herb with bold celery flavor
Use fresh in salads, cooked in soups, and in vegetable dishes

Cypress Vine : *Ipomoea quamoclit*

3.5" Pot Retail Price: \$4.25

Heirloom 1806
Annual Height 15 feet vine
Blooms summer to fall with red delicate, star shaped flowers
Do not eat- just for show

Deutzia Yuki Cherry Blossom :

Retail Price:

Dianthus, Firewitch : *Dianthus gratianopolitanus*

3 Qt. Pot Retail Price:

Full to part sun
Perennial
Height 8" tall with a 16" spread
Fragrant magenta flowers spread above a compact mounds of blue-gray foliage.
Blooms mid-late spring

Dianthus, volcano mix : *Dianthus barbatus*

3.5" Pot Retail Price: \$4.25

Full to part sun Height 16-24"
Tender perennial
Edible Flower
Excellent cut flower, showy variety

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Dill, Bouquet : *Anethum graveolens*

3.5" Pot Retail Price: \$4.25

Full to Part Sun
Annual
Height 38-42" Good leaf and seed yields.
Use for pickling, stews, salads, breads, and sauces.
Can replant a fresh plant in the fall for cool weather production.

Dill, Hera : *Anethum graveolens*

3.5" Pot Retail Price: \$4.25

Full to Part Sun
Annual
Excellent Bunching dill with good full foliage and flavor
Slow to bolt variety

Echinacea pallida : *Echinacea pallida*

3.5" Pot Retail Price: \$4.25

Full Sun Prairie like conditions Hardy to -30 degrees
Perennial Height 3 feet
Loves the heat
Medicinally one of the better varieties for medicine.
Immune boosting, anti-viral, anti-microbial.

Echinacea, Angustifolia :

3.5" Pot Retail Price: \$5.00

Narrow leaf Echinacea Full Sun Perennial
Height: 2 feet tall Spacing: 6"
Provide excellent drainage
Medicinally most active of Echinaceas

Echinacea, Cheyenne Spirit : *Echinacea x hybrida*

3.5" Pot Retail Price: \$7.50

Full Sun thrives in VA heat!
Perennial
Good for bees and pollinators
First Year flowering perennial
Vivid orange, red, purple, scarlet, cream, yellow and white blooms
in this vibrant mix

Echinacea, Primadonna White : *Echinacea purpurea*

3.5" Pot Retail Price: \$5.00

Echinacea PowWow White
Full Sun 24" tall
Perennial
White cone flower with very full blooms on each plant.

Echinacea, Purpurea :

3.5" Pot Retail Price: \$4.25

Full Sun Perennial
Ht. 24-36"
The easiest Echinacea to grow.
Vigorous plants with large, purple-petaled flowers. Makes an excellent cut flower.
Fibrous roots are easy to harvest.

Elderberry : *Sambucus nigra*

3 Qt. Pot Retail Price: \$20.00

Perennial, deciduous, part sun moist soils
The most tried & true species for medicinal use, and the berries are very tasty. The syrup, tincture, or glycerite of the berries are excellent for treating the common cold and increase overall immunity.

Elderberry, Bob Gordon : *Sambucus canadensis spp.*

6 Qt. Pot Retail Price: \$20.00

Full Sun to part shade (prefers afternoon shade)
Height 6-8 feet. less bushy than other varieties
The berries of Bob Gordon are larger and juicier than other elderberry varieties so it makes an excellent jelly & syrup extract.
Produces fruit a little earlier in the season.
2 varieties are best for optimum fruit production.

Elderberry, York : *Sambucus canadensis spp.*

6 Qt. Pot Retail Price: \$20.00

Full Sun to part shade (prefers afternoon shade)
6-8 feet tall and tend to be less bushy and more tree like
York variety is an early season bearer and tend to produce before the birds become a big problem.
Has a the biggest and juiciest berries of all the elderberry varieties

Elecampane : *Inula helenium*

3.5" Pot Retail Price: \$4.25

Perennial - Full Sun Height 4-5 feet
moist, fertile soil
bright yellow flower yields yellow and orange dyes
dried root preparations to quiet coughing, stimulate digestion, and tone the stomach.
Infuse root slices in honey for a cough & cold remedy

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Elephant Ear : *Colocasia gigantea*

Retail Price:

Evening Primrose : *Oenothera biennis*

3.5" Pot Retail Price: \$4.25

Biennial Full Sun can withstand poor, dry soil conditions
Drought tolerant herb produces mucilaginous blooms in evening to morning.

High in essential fatty acids.

Outstanding bloomer 3 to 6 feet tall.

Fennel, Bronze & Green : *Foeniculum vulgare*

3.5" Pot Retail Price: \$4.25

Perennial zones 7-10 Full Sun

Height: 24-36" Spacing: 2-4"

feathery foliage with sweet flavor, nonbulbing type
leaves used salads, and dressings, seeds used in baking
medicinally used as a digestive aid (seeds)

Feverfew : *Tanacetum Parthenium*

3.5" Pot Retail Price: \$4.25

Perennial - Sun/Part Shade

Height: 24-36" Spacing: 8-12"

small yellow and white daisy-like blossoms

small pungent, aromatic self-seeding

Leaves used for fevers, menstrual cramps, and migraines

Fig : *Ficus carica* "Hardy chicago"

Retail Price:

Height 8-10 Feet Spread 10-12 Feet hardy to zone 6

Plant in sheltered spot or near home for added warmth.

Fruit is purplish-brown with pink, sweet flesh can be harvested
late summer into early fall. Plant can die to ground and re-grow
from that the next year.

Fo-Ti - He-shou-wu : *Polygonum multiflorum*

3.5" Pot Retail Price: \$4.25

Part Sun to shade

Perennial zone 7-12

Vining Herbaceous perennial, vigorous climber

Legendary Oriental Elixir of life. Rejuvenating properties!

Tonic herb to restore blood, support liver and kidneys and
cardiovascular system. Root used.

Forget Me Not : *Cynoglossum Seed*

3.5" Pot Retail Price: \$4.26

Full to Part Sun Height 18-24 inches

Annual

Intense Blue

VERY productive perfect for bouquets

Attracts bees

Foxglove Camelot : *Digitalis purpurea*

3.5" Pot Retail Price: \$4.25

Biennial Full Sun

Purple and pinkish blooms. Center spikes are large and full, and
side shoots fill out the plant. Great for bouquets and gardens!

French Marigold, durango outback mix : *Tagetes*

3.5" Pot Retail Price: \$4.25

Annual Height 8-12"

Extra large blooms 2-2.5"

Highly branching plants

Deters pests in gardens.

Good companion plant.

Quick growing!

Gardenia, Frostproof : *Gardenia jasminoides*

Retail Price:

A compact gardenia that will stand up to spring cold snaps. It is
very hardy and can tolerate full sun. Blooms, white, fragrant
double flowers in abundance in spring and then sporadically
through out the summer.

Garlic Chives : *Allium tuberosum*

3.5" Pot Retail Price: \$4.25

sun./part shade perennial

Height: 15-18" Spacing: 6-8"

showy white flowers in midsummer

Flowers are edible

leaves have a taste of garlic and chives

Geranium, Wild : *Geranium maculatum*

3.5" Pot Retail Price: \$4.25

Woodland perennial prefers moist woodland soil and part shade.

Hardy to -40 degrees. Lilac flowers in the spring. Medicinally very
astringent.

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German Statice : *Goniolimon tataricum*

3.5" Pot Retail Price: \$4.25

full to part sun
Lavender flowers dry nicely to a silvery-white for wreaths and potpourri.

Goldenrod, European : *Solidago virgaurea*

3.5" Pot Retail Price: \$4.25

Full Sun Height 30 inches
Perennial
beautiful clusters of yellow flowers in late summer.
Medicinally used for bladder disorders, diuretic, upper respiratory infections and to treat mucous congestion from cold or allergies.

Germander : *Teucrium chamaedrys*

3.5" Pot Retail Price: \$4.25

Full Sun perennial
Showy edging plant with glossy dark green leaves and rose flowers. Infusion quiets upset stomach and promotes appetite - use in small doses only.
Very sturdy plants that withstands heat and drought and blooms profusely.

Gomphrena, Fireworks : *Aka Globe amaranth*

3.5" Pot Retail Price: \$4.50

Full Sun Annual
Height 48 inches
Vigorous plants spread 4 ft. The flowers are hot pink tipped with bright yellow. A real show stopper in the garden!
Very drought tolerant and blooms incredibly in the summer heat.

Globe Amaranth QIS Formula Mix : *Gomphrena*

3.5" Pot Retail Price: \$4.25

Full Sun
Height 18-20 inches
Thrives in the heat! Drought tolerant
Makes an excellent cut flower or dried flower
Mix is the shade of purple, pinks and white.

Gomphrena, Horton's Revenge :

3.5" Pot Retail Price: \$4.50

Full Sun Annual
Height 15-24 inches Width 20-24 inches
Bright chartreuse foliage with magenta amaranth flowers
Thrives in the heat and is drought tolerant

Globe Amaranth, QIS Carmine : *Gomphrena*

3.5" Pot Retail Price: \$4.25

Full Sun Height 18-20" Annual
Very heat tolerant plant will bloom all summer until frost.
Unusual glowing shade. Makes an excellent cut flower or can be dried for arrangements and potpourri.

Gotu Kola : *Hydrocotyle asiatica*

3.5" Pot Retail Price: \$4.25

Tropical plant prefers warmth, nitrogen, good drainage, part sun
Energy boosting leaves great addition to salads
Remarkable rejuvenating properties for connective tissue
Makes an excellent indoor potted plant
Medicinally- a rejuvenating diuretic herb that clears toxins and reduces inflammation. Used in treatment of rheumatoid arthritis

Globe Amaranth, Orange : *Gomphrena haageana*

3.5" Pot Retail Price: \$4.25

Full Sun
Height 18-20 inches
Very heat tolerant plant will bloom all summer until frost.
Blooms are deep orange. Makes an excellent cut flower or can be dried for arrangements and potpourri.

Gourd, Bushel Basket :

3.5" Pot Retail Price: \$4.25

Full Sun
Huge, rounds gourd up to 24" across
Can be used for all kinds of crafting
Night flowering plant attracts beneficial moths

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Gravel Root - Joe-Pye Weed : *Eupatorium*

3.5" Pot Retail Price: \$4.25

Perennial Full Sun to Part Sun
Gravelroot. Tall native plant that emits a vanilla scent and has rosy-purple flowers. Valuable for kidney problems. Respiratory - diaphoretic to induce sweating and then reduce fevers. Use with Marshmallow root and make a mineral rich tea. grows 5-7 feet tall. Very showy plant.

Greek Mountain Tea : *Sideritis syriaca*

3.5" Pot Retail Price: \$4.25

Woody Perennial 18" tall. Mediterranean herb hardy to 10 degrees.
Prefers well drained soil and full sun.
A great tasting tea herb. Used medicinally, the dried flowering tops made into a tea for treating colds and restless insomnia.

Heliotrope Purple Marine :

3.5" Pot Retail Price: \$5.00

Full Sun VERY Heat tolerant
Heirloom Plant
Annual
Rich moist soil
Strong vanilla scented blooms
Combines well with lantana in the flower beds and containers.

Hen-and-Chicks : *Sempervivum tectorum*

Retail Price:

Full Sun Rock Gardens and good draining sandy soil
Extremely cold hardy succulents.
Edible astringent to the mucous membranes.
The "mother hen" will soon make chicks that can be easily nestled into dryish soil and they will root on their own.

Hibiscus, Roselle : *Hibiscus sabdariffa*

3.5" Pot Retail Price: \$5.50

Tropical plant zone 9-11. Height 4 feet tall
Can be grown in our zone and harvest the red calyces for medicinal tea with delicious taste. Fruits used to make jellies, syrups, and fruity tasting drinks. Treat as an annual here in VA. Very large showy plant in just one summer. Medicinally, used to treat high blood pressure and urinary tract infections.

Hollyhock : *Alcea rosea*

3.5" Pot Retail Price: \$4.25

Classic Cottage Garden Flower - Mixed Shades
Hollyhocks are very drought resistant, and do well in full sun locations that might be too hot or dry for other plants. They produce large, flat coin-shaped seeds (1/2" diameter) that seem to grow easily wherever they drop.

Honeywort, Kiwi Blue : *Crinthe Major Purpurascens*

3.5" Pot Retail Price: \$4.25

Part sun with afternoon shade preferred
A recently rediscovered ancient flower grown in Europe since the Middle Ages. A relative of borage and each flower has a drop of honey that makes it irresistible to pollinators.

Hops : *Humulus Lupulus*

3.5" Pot Retail Price: \$5.00

Full Sun
Herbaceous perennial vine growing to 30 feet in a season.
Native to the temperate north and fully cold hardy.
Used in beer making and medicinally as a sedative.

Horehound : *Marrubium Vulgare*

3.5" Pot Retail Price: \$4.25

Full Sun - Perennial
average well-drained soil on the dry side
does not like wind
used to make cough drops, for chronic catarrh and colds
companion planting - stimulates and aids fruiting in tomatoes

Horseradish : *Armoracia rusticana*

3 Qt. Pot Retail Price: \$9.00

Perennial Full to Part sun
Well-drained soil
widely know condiment plant.
Harvest anytime in the fall after hard frost. Store trimmed and washed roots in plastic bag in refrigerator.

Hyacinth Bean : *Dolichos lablab*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Will climb to 10 to 20 feet tall
VERY SHOWY, hummingbirds love this plant
Green and wine-colored foliage, purple stems, lilac-rose blossoms and shiny, magenta pods (2-3").

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Hydrangea, Limelight :

Retail Price:

Hydrangea, Strawberry Sundae :

Retail Price:

Full to Part Sun
Height 4 to 5 feet
Spread 3-4 feet

A compact hardy hydrangea with creamy white flowers turning a yummy pink and then to a dark pinkish red as it matures. Blooms July to September.

Hyssop : *Hyssop officinalis*

3.5" Pot Retail Price: \$4.25

Perennial - Sun to part shade
Height: 16-24" Spacing: 6-12"
Great plant for attracting bees, has bright blue-violet flowers used as ornamental and medicinal plant
medicinal - coughs, asthma, congestion, externally for bruises & burns, antiviral against herpes

Impatiens, Dazzler White/Pink : 3 Qt. Pot

3 Qt. Pot Retail Price:

Impatiens, Sunpatiens Pink Kiss :

3.5" Pot Retail Price: \$4.25

Full Sun to part sun
Height 24-42 "
Spread 24-30"
Robust plant that thrives in sun or shade. Does exceptional in heat but will need regular watering.
Endless outstanding blooms all summer long!

Impatiens, Sunpatiens Royal Magenta :

3.5" Pot Retail Price: \$4.25

Full Sun to part sun
Height 24-42 "
Spread 14-24"
Robust plant that thrives in sun or shade. Does exceptional in heat but will need regular watering.
Endless outstanding blooms all summer long!
Robust plant that thrives in sun or shade. Does exceptional in

Jiao-gu-lan, Japanese : *Gynostemma pentaphyllum*

3.5" Pot Retail Price: \$5.00

Hardy to 20 degrees and does well in eastern VA in sheltered spots
Otherwise grow in pot and bring indoors, it does well as a house plant with a small support to vine. Prefers part sun.
Medicinally, make a tea of dried leaves for energy. Contains saponins like ginseng that rejuvenate and build energy

Kiss Me Over The Garden Gate : *Polygonum*

3.5" Pot Retail Price: \$5.00

Annual full to part sun 6 to 9 feet tall
Rapid grower and will put out a marvelous display of towering long rose-pink clusters of flowers that droop down. A real knock out display in the garden until frost. In China, the root is used for treating hepatitis

Lady's Mantle : *Alchemilla vulgaris*

3.5" Pot Retail Price: \$5.00

Part Sun Perennial
Hardy to -30 degrees. Rich, moist soil part sun. Deep green leaves funnel and collect dew drops that glisten in the morning light.
Medicinally known as a female herb for menstrual disorders. Tea useful for treating PMS and menopausal type mood swings.

Lamb's Ear, Woolly : *Stachys byzantina*

3.5" Pot Retail Price: \$4.25

Full sun to part shade Perennial
Height 12-18 inches
Needs good drainage.
Delightful soft foliage resembling a lamb's ears. Silvery appearance is ideal for contrasting in the garden.
Medicinally used to bandage wounds- stops the blood and soothes

Lantana, Dallas Red :

3.5" Pot Retail Price: \$5.00

Full sun & well drained soil
Tall Variety 30"
Attracts hummingbirds
Loves the heat, blooms all summer long

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Lantana, Fantasy :

3.5" Pot Retail Price: \$5.00

Full Sun Height 15 inches
Dark pink and yellow blooms
Loved by hummingbirds, moths, and butterflies

Lantana, Miss Huff :

3.5" Pot Retail Price: \$5.00

grows to 30" tall
a most hardy type of lantana
hardy to zone 7
orange, yellow, and pink blooms

Lantana, New Gold :

3.5" Pot Retail Price: \$5.00

Spreading Type Full Sun well & drained soil
A hummingbird's delight!
Does well in ground or in containers

Lantana, Trailing Lavender :

3.5" Pot Retail Price: \$5.00

Full Sun
Spreads 3 to 6 feet and about 12-15" tall
Very drought tolerant once established
Light purple flowers that will flow and cover a large area and even spread down a wall or out of a pot

Lantana, Trailing white :

3.5" Pot Retail Price: \$5.00

Full Sun
Spreads 3 to 6 feet and about 12-15" tall
Very drought tolerant once established
White flowers that will flow and cover a large area and even spread down a wall or out of a pot

Lantana, Wagon Wheel Pink :

3.5" Pot Retail Price: \$5.00

Full Sun
Annual
Height 16-20 inches
Pink/yellow/lavender blooms
Annual Very heat tolerant.
Loved by hummingbirds and bees

Lavender, Bridget Chloe : *Lavandula x*

3.5" Pot Retail Price: \$4.25

Full Sun Height 25 inches
Good Drainage
Very hardy in hot humid environments
String resistance to Lavender leaf spot and Alfalfa Mosaic Virus
Dried flowers hold coloring nicely

Lavender, Grosso : *Lavandula x intermedia 'Grosso'*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 24-36 inches
Good drainage
Large violet flowers atop grayish green foliage.
Very fragrant and dries nicely

Lavender, Phenomenal : *Lavandula X intermedia*

3.5" Pot Retail Price: \$5.00

Full Sun Good drainage
Height 24-32" Spread 24-32"
One of the hardiest lavenders. Has excellent winter survival!
Also has shown great tolerance for heat and humidity and root and foliar diseases that come with that weather
Mounding habit growth with excellent color and fragrance

Lavender, Provence : *Lavandula angustifolia*

3.5" Pot Retail Price: \$5.00

Perennial- Full Sun Height: 20"
variety typical of the Provence region of France
One of the hardy varieties for VA
Deep blueish purple blooms and fragrant
needs well drained soil

Lemon Balm : *Melissa Officinalis*

3.5" Pot Retail Price: \$4.25

Full sun - Height: 18-26" Spacing: 12"
Perennial
Moist well drained fertile soil
Easy to grow, white flowers, very distinct lemon flavor
Medicinally used for colds, flu, depression, and indigestion
a great mild antiviral

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Lemon Grass : *Cymbopogon*

3.5" Pot Retail Price: \$8.50

Full Sun Zone 8 and above
Height 3 to 5 feet
delightful lemon-scented grass, the tangy leaf bases are used in Thai and Vietnamese cooking
leaves make a pleasant tea (hot or cold) used medicinally for digestion and fever as a tea

Lemon Verbena : *Aloysia triphylla*

3.5" Pot Retail Price: \$5.00

Full Sun
Height up to 6 feet tall
Strong lemon flavored leaves. Great for culinary use.
Use leaves fresh or dried.
Medicinally, used as an uplifting, vitamin rich tea.
zone 8-10 suggested to take indoor for winter

Lilac, Bloomerang Dark Purple : *Syringa*

Retail Price:

Full to Part Sun

Linden Tree : *Tilia americana*

Retail Price:

Tilia Tree or American Basswood
Height 60 to 100 feet
Flowers used as medicine to nourish the heart, for flu, sore throat and coughs. Also a nervine for nervous tension, stress, and panic conditions and those with high blood pressure.

Lobelia : *Lobelia inflata*

3.5" Pot Retail Price: \$4.25

Part Sun Annual
Height 2 feet
prefers well-drained average soil.
In small doses it acts as an indispensable antispasmodic on the respiratory system
Often referred to as Indian Tobacco.

Lobelia, great blue : *Lobelia siphilitica*

3.5" Pot Retail Price: \$4.25

part sun and moist soil
Perennial
Height 2-3 feet tall

Lobelia, Red : *Lobelia cardinalis*

Retail Price: \$4.25

Cardinal Flower
Perennial
Height 4 feet tall
Prefers damp areas in part sun
Provides a brilliant red splash of color in semi-shady locations.
Used as nervine and antispasmodic

Lovage : *Levisticum officinale*

3.5" Pot Retail Price: \$4.25

Perennial - Sun to part shade
Height: 48-78" Spacing: 18-24"
Leaves have an excellent flavor for soups, stews and casseroles
Young leaves taste like celery, medicinal use as a stimulant and warming digestive tonic. Plant in fall for a strong spring crop as they prefer to get established in cooler weather.

Mallow, common : *Malva sylvestris*

3.5" Pot Retail Price: \$4.25

Full to Part sun Height 24 inches
Infusion made from pink flowers or leaves is used externally to moisturize and tone skin. Internally to soothe mucous membranes irritated and inflamed by coughs, stomach upsets, and other intestinal problems.

Marjoram, wild : *Origanum vulgare*

3.5" Pot Retail Price: \$4.25

Full Sun Perennial Height 18-40"
Light sweet flavor for teas and cooking.
Flavor resembles oregano but much milder and more versatile for cooking.
Pink flowers can be dried for wreaths.
Medicinal- antiviral and antibacterial

Marshmallow : *Althaea officinalis*

3.5" Pot Retail Price: \$4.25

Perennial Full Sun - moist to wet soil
4 feet tall 2 feet wide
flowers & leaves in salads
High mucilage content good demulcent.
Noted for soothing irritation and inflammations of the skin, throat, eyes, lungs, and urinary organs.
Used in bronchitis and coughs

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Meadowsweet : *Filipendula ulmaria*

3.5" Pot Retail Price: \$4.25

Perennial
Attractive wildflower with sweet almond scent. Anti-inflammatory and pain relieving, the plant is the source of salicylic acid. Likes rich, moist soil in part sun. Fall or early spring is a good planting time as they get established best in cooler weather.

Mexican Bush Sage : *Salvia leucantha*

3 Qt. Pot Retail Price: \$8.50

Full Sun
Semi hardy perennial
Height 4 to 5 feet
A show stopper when it blooms in the fall.
Has green-grayish aromatic leaves and blooms a velvety purple flower spike. Makes a good cut or dried flower.

Mexican Mint Marigold : *Tagetes lucida*

3.5" Pot Retail Price: \$4.25

Full Sun Tender Perennial
Height 16-20
Aromatic leaves are a substitute for French Tarragon. Sweet licorice flavor salads and main dishes. Pretty, golden yellow flowers all summer.
Medicinal: stimulant and diuretic, improves digestion.

Mexican Sunflower, Tithonia :

3.5" Pot Retail Price: \$4.25

Annual Full Sun Very outstanding bloomer in the garden!
Ht. 60-72".
3 1/2" wide flowers on strong branching plants with velvety dark green leaves. Blooms midsummer to frost. Loves hot dry sites.
Loved by hummingbirds, butterflies, and moths

Milk Thistle : *Silybum marianum*

3.5" Pot Retail Price: \$4.25

Annual- Full Sun
Height: 40-54" Spacing: 24-36"
Large plant with shiny, spined leaves molted with white
All parts are edible, seed known for liver rebuilding properties.
The active principle silymarin is a complex that helps stabilize and regenerate liver cells.

Milkweed : *Asclepias syriaca*

3.5" Pot Retail Price: \$4.25

Full Sun
Height 3 feet tall
Perennial
Young shoots can be eaten like asparagus.
Best known as a plant of the Monarch butterfly.

Mimosa : *albizia julibrissin*

6 Qt. Pot Retail Price:

Entire plant is used as medicine. The flowers being sedative & tonic, the bark is an antidepressant, the gummy extract is used to resolve subcutaneous lesions. The wood is dense and strong. Prefers sun & moist well-drained soils but will withstand drought and is quite resilient.

Mint, Apple : *Mentha suaveolens*

3.5" Pot Retail Price: \$4.25

Full Sun Perennial
Soft gray-green leaves that have an apple-menthol scent.
Makes a refreshing summer tea.
Use in culinary dishes.
We love to make an apple mint infused sugar and use on fruit

Mint, Mojito Cocktail : *Mentha X villosa 'Mojito'*

3.5" Pot Retail Price: \$4.25

Full Sun
Height 8-18" Spread 24"
Similar to spearmint but has larger leaves
great for use in desserts or drinks like Mojitos

Mint, Mountain : *Pycnanthemum pilosum*

3.5" Pot Retail Price: \$4.25

Height 24-36 Spacing: 12" Perennial
Full Sun - Very fragrant
used in potpourri, incense, & natural insect formulas
Medicinal-in teas for indigestion, fevers, and regulate menstrual cycle

Mint, Peppermint : *Mentha X piperita*

3.5" Pot Retail Price: \$4.25

Full/Part Sun Perennial
makes a great tea
Medicinally, excellent for stomach indigestion, calming, antiseptic, antispasmodic, anti-inflammatory, anti-bacterial

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Mint, Pineapple :

3.5" Pot Retail Price: \$4.25

Tender Perennial Full to Part Sun
Mint with a hint of pineapple flavor
Leaves are green with white streaks throughout.
Excellent for use in culinary dishes with ham or fruit.
Dries nicely for potpourri.
Full Sun. This mint is not invasive like many other mints.

Monarda, Panorama Mix : *Monarda didyma*

3.5" Pot Retail Price: \$4.25

Full to Part Sun Height 36-44"
Perennial zones 4-9 Edible flower
Also known as Oswego Tea, bee balm and scarlet bee balm
Semi double blooms in shades of lavender, salmon, magenta, and pale pinks. Attracts hummingbirds and butterflies.
Leaves & Blooms contain antibiotic & antiseptic compounds

Money Plant, Honesty : *Lunaria annua*

3.5" Pot Retail Price: \$4.25

Biennial self sows, zone 4-9 early spring blooms Plant now for next years blooms. Known for its showiest feature of two foot stalks of silvery coin-shaped seed pods. One of the first European flowers grown in American gardens. Thomas Jefferson wrote about seeing Lunaria in his gardens in 1767.

Moonflower : *Ipomoea alba*

3.5" Pot Retail Price: \$5.50

Heirloom Height climbs to 15 feet tall Full Sun
Night Bloomer that is Very fragrant!
Dark green heart shaped leaves with lush perfumy bridal white flowers.
Good pollinator flowers

Moringa : *Moringa oleifera*

3 Qt. Pot Retail Price: \$8.50

Full Sun dry, poor soil
Hardy zone 9-12 Can cut back and bring in as a potted plant
Super food! Dry the leaves and powder for use.
Medicinal: anti-inflammatory, analgesic, sexual enhancer, super nutritive vitamin c, A, calcium, iron, protein.
Harvest leaves continually.

Morning Glory, Heavenly blue : *Ipomoea tricolor*

3.5" Pot Retail Price: \$4.25

Full Sun to part sun Annual that self seeds
Climber so needs a trellis or support to grow on
4-6" trumpets of sky blue with creamy white throats and heart shaped foliage.
Hummingbirds and butterflies love this plant

Motherwort : *Leonurus cardiaca*

3.5" Pot Retail Price: \$4.25

Perennial - Full Sun
Height 4 feet tall
well drained soil
often used medicinally for menopausal changes, tonic for heart, as a sedative for anxiety after childbirth. Use when you need a little mothering, for both men and women a very supportive herb.

Mugwort : *Artemisia vulgaris*

3.5" Pot Retail Price: \$4.25

Perennial full sun average soil Height 3-5 feet tall
medicinally a digestive stimulant, nervine, aids normal menstrual flow. This herb is also used in Moxa, burned over acupuncture points to quicken the blood. Well known as a dream -inducer and made into sleep pillows. Often called dream weed. It grows easily and can be invasive so give it room to grow.

Mullein, common : *Verbascum thapsus*

3.5" Pot Retail Price: \$4.25

Full sun average soil
Biennial that will re-seed
Height 4-6 feet tall
medicinally used to moisten mucous membranes, a great soothing agent for the throat, bronchi, and lungs.

Mullein, Greek : *Verbascum olympicum*

3.5" Pot Retail Price: \$4.25

Biennial native to Greece that performs well in VA heat
Full Sun Good Drainage
Height 4-6 feet tall
This variety has the best flower production. Medicinally flowers are used in teas, ear oils, and tinctures. Leaves used in teas and tinctures for respiratory issues.

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Nasturtium, Empress of India : *Tropaeolum minus*

3.5" Pot Retail Price: \$4.25

Full Sun. Height 16- 20 inches.
A compact Victorian heirloom.
Scarlet flowers bloom amongst the dark green foliage.
Edible flower and leaves have a peppery taste.
Well drained semi-poor soil - if soil is too rich it won't produce flowers

Nasturtium, Jewel mix : *Tropaeolum minus*

3.5" Pot Retail Price: \$4.25

Annual - Full Sun semi-trailing Space 8" apart
Known for its mix of single and double blooms in shades of red, pink, orange and yellow
well drained semi-poor soil - if soil is too rich it won't produce flowers
Edible flowers & leaves with a peppery taste

Nettle : *Urtica dioica*

3.5" Pot Retail Price: \$4.25

Stinging Nettle Perennial
Sun/Part Shade Height: 30-60"
Used medicinally to support the entire body as a tonic
Dried or cooked, nettles lose their sting and are safe to ingest
Leaves rich in iron, vitamin C and many other beneficial nutrients.

New Jersey Tea/red root : *Ceanothus americanus*

3.5" Pot Retail Price: \$4.25

Full Sun Perennial woody shrub native to Eastern US
Hardy to -20 degrees Tough drought tolerant and cold tolerant
Lilac scented flowers of white.
Permaculture plant -nitrogen fixer
Tasty, non caffeinated substitute for black tea

Nicotiana, Deep Purple hybrid : *Nicotiana x*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 10-12" Spread 10"
Produces masses of color on uniform plants
The dark purple blooms are heavily scented and rise above the foliage for maximum display.

Oregano, Greek : *Origanum vulgare*

3.5" Pot Retail Price: \$4.25

Height: 8-24" Spacing: 12"
Full Sun, well-drained soil
special strain of true Greek Oregano
heavy aroma, great for Italian cooking
medicinal - tea for indigestion, antiseptic, infusion in bath for relaxation of muscles

Oregon Grape : *Mahonia*

Retail Price:

Part Sun With rich moist Soil
Has a bitter and cold energy, serving as a gentle stimulant to liver function while it controls excessive secretions if the mucous membranes. Contains berberine and sometimes used as a golden seal substitute.

Pansy :

Retail Price:

Blooms fall into early winter adding beauty to the autumn garden and many will come back for a beautiful spring show. To aid them in over-wintering just add a little mulch or pine needles around them for added protection. Pinch back flowers occasionally for more robust plants.
Edible flowers

Papalo : *Porophyllum ruderale*

Retail Price: \$4.25

Sun to part shade Height 36-60 inches
Aromatic Mexican native for tacos, salsas and sauces
Flavor reminiscent of cilantro and arugula.
Much more tolerant of summer heat than cilantro for growing in our hot summers.

Parsley, Giant of Italy : *Petroselinum crispum*

3.5" Pot Retail Price: \$4.25

Full to part Sun Biennial
Height 18-20"
Preferred culinary variety. Deep green, flat leaves with strong stems.
Wonderful culinary flavor!
Excellent for production for pesto and sauces

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Parsley, Moss Curled II : *Petroselinum crispum*

3.5" Pot Retail Price: \$4.25

Full Sun Biennial
Height 12-16 inches
A traditional curly leaf parsley but has a softer texture.
Excellent flavor for soups, pestos, salads, and garnish

Passion Flower : *Passiflora incarnata*

3.5" Pot Retail Price: \$5.00

Perennial Full Sun
Vigorous climber prefers poor sandy, slightly acidic soil. Beautiful blooms with a flower that suggests the crucifixion scene.
Medicinally relaxes nervous system and has sedative properties, used to treat insomnia, good for ADD and attention issues.

Patchouli : *Pogostemon patchouli*

3.5" Pot Retail Price: \$5.00

Part Sun Height 28-32"
Prefers warm temperatures and good soil
can be over-wintered in the house in a pot
definitive perfume of the Orient and India
Used in perfumes, soaps, sachets, and potpourri

Pennyroyal : *Mentha pulegium*

3.5" Pot Retail Price: \$4.25

Full to part sun Perennial Height 12"
Used for teas for taste and medicinally for headaches.
Also used to flavor sauces. Minty aroma.
Has insect repelling properties.
NOT TO BE USED BY PREGNANT WOMEN!

Persimmon : *Diospyros virginiana*

Retail Price:

Tree 35-60 feet tall - grows quickly in the South East
Produces a yellowish orange edible fruit that ripens after frost.
Fruit makes a good persimmon pudding, jam, and is nice added to muffins or cakes.
Wildlife also enjoy the fruit if this tree of you are trying to create a wildlife sanctuary.

Petunia, various colors & variety :

3.5" Pot Retail Price: \$4.25

Phlox, David : *Phlox paniculata 'David'*

Retail Price:

Full to part sun Perennial
Bloom bright white in mid-summer for weeks.
Very disease resistant variety. Long outstanding Summer Bloom.

Pleurisy Root, Butterfly Weed : *Asclepias tuberosa*

3.5" Pot Retail Price: \$4.25

Full Sun Perennial
height 1-2 feet
Magnificent bright orange flowers produce a large quantity of nectar which attracts butterflies.
Roots act specifically on the lungs as an expectorant and anti-inflammatory.

Portulaca :

3.5" Pot Retail Price: \$4.25

Full Sun Annual
semi double blooms
Excellent performer in heat and drought
Blooms in colors of pinks, yellows, white, and orange

Purslane, Big Bloom Scarlet :

3.5" Pot Retail Price: \$5.00

Full Sun - Extra large bloom
Annual
Ever blooming plants that flourish in hot temperatures and bright sun

Purslane, Samba Hot Rose :

3.5" Pot Retail Price: \$5.00

Full Sun Annual
sprawling and spreading blooms galore
Ever blooming plants that flourish in hot temperatures and bright sun

Queen Anne's Lace : *Daucus carots*

3.5" Pot Retail Price: \$4.25

AKA Wild carrot Biennial
Full Sun Height 32"
Full Sun average soils. Seeds used in birth control. Ripe seed, unripe seed, leaf, & flower used as anti-lithic for kidney stones.
Seed tincture for gas pains.

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Rabbit Tobacco : *Pseudognaphalium obtusifolium*

3.5" Pot Retail Price: \$4.25

Full Sun Dryish Soils Annual that reseeds
also known as everlasting because it preserves nicely
Medicinally, well known for use in treatment of asthma. Also
used for sore throats and coughs.
Used as a smudge with eastern cedar to rid a home of ghosts or
when one dies in a home to move spirit on

Red Clover : *Trifolium pratense*

3.5" Pot Retail Price: \$4.25

Perennial - Full Sun - average soil
green manure fixes 140 lbs of nitrogen per acre while roots
break up soil
makes a nice tea used medicinally for skin disorders, blood
purifier and lymphatic cleanser

Rose Campion : *Lychnis coronaria*

3.5" Pot Retail Price: \$4.25

Early summer blooming biennial or short lived perennial
Brilliant, magenta-colored flowers with thick, fuzzy gray-green
foliage. Re-seeds easily.
height 2-4 feet tall

Rose, Rugosa :

Retail Price:

Rosemary, Arp : *Rosmarinus Officinalis Arp*

3.5" Pot Retail Price: \$4.25

Perennial - Full Sun
Height: 18-60" Spacing: 8-24"
Hardiest Variety, reliable to zone 7
Foliage is gray/green with good flavor and aroma
needs good drainage

Rosemary, Gorizia : *Rosmarinus officinalis 'Gorizia'*

3.5" Pot Retail Price: \$4.25

Full Sun Soil Should Have Good Drainage. A very robust plant.
Growth is tall, upright, with long straight branches.
Large leaves make excellent culinary value.
A very robust plant.

Rosemary, Prostratus Trailing : *Rosemary officinalis*

3.5" Pot Retail Price: \$4.25

Full sun
Needs good drainage
Plant in window box or on edge of a rock wall and let overhang.

Rudbeckia triloba : *Rudbeckia*

3.5" Pot Retail Price: \$4.25

Full Sun Perennial
Height 48-60 inches
Profuse blooms, very drought and heat tolerant
Good cut flower
Also known as brown eye Susan

Rue : *Ruta graveolens*

3.5" Pot Retail Price: \$4.25

Perennial - full sun
Height: 24-36" Spacing: 12-24"
Blue green ornamental, pungent bitter leaves
leaves repel fleas, roots produce colored dye
medicinal- antispasmodic

Russian Sage : *Perovskia atriplicifolia*

3 Qt. Pot Retail Price:

Perennial Full Sun
Has a purple-blue flower on grayish foliage with a pleasant
scent
Prefers well-drained soil and full sun
Excellent bee plant

Sage, Berggarten : *Salvia Officinalis 'Berggarten'*

3.5" Pot Retail Price: \$4.25

Tender perennial Full Sun Height 12-24 inches
choice culinary strain
dry well-drained soil
use fresh leaves anytime for cooking, leaves dry easy for storage

Sage, Clary : *Salvia sclarea*

3.5" Pot Retail Price: \$4.25

Biennial Height 3 feet
Dry well-drained soil, do not over fertilize
pinkish purple blooms with a wonderful scent
can be used culinary much like traditional sage
medicinally -infusion of crushed seeds as an eye wash, leaves
infused in bath water for a stimulating soak

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Sage, Common : *Salvia officinalis*

3.5" Pot Retail Price: \$4.25

Full Sun Perennial
Height 16-30"
Good for culinary cooking.
Plant in pot for indoors. Great flavor for fall and winter cooking!
medicinally - astringent, antiseptic, antibacterial for sore throats

Sage, Pineapple : *Salvia elegans*

3.5" Pot Retail Price: \$5.00

Tender Perennial- Full Sun grows 4-5 feet tall
pineapple scented leaves, brilliant red flowers (hummingbirds love)
showy red flowers for fall color in the garden
use leaves in drinks, chicken, on cheese, in jellies
pinch plant to keep busy - can be over wintered indoors

Sage, Purple : *Salvia officinalis 'purpurea'*

3.5" Pot Retail Price: \$4.25

perennial
dry well-drained soil full sun
aromatic foliage
use in culinary dishes

Salad Burnet : *Sanguisorba minor*

3.5" Pot Retail Price: \$4.25

Perennial - Sun to part shade
Height: 16-24" Spacing: 8-12"
Mild cucumber flavor, leaves great in salads & garnishes
Medicinally root to stop bleeding

Salvia, Amistad :

3.5" Pot Retail Price: \$5.00

Full Sun Height 3-4 feet tall
Heat Lover
Dark Purple flowers with nearly black calyx bloom
A magnet for attracting butterflies, hummingbirds, and other pollinators

Salvia, Black & Blue : *Salvia guaranticia*

3.5" Pot Retail Price: \$5.00

Full Sun to part sun
Perennial zone 7-10
Height 24-32 " Width 12-32 "
Cobalt blue blooms that bloom spring to fall non-stop
Attract hummingbird and butterflies

Salvia, Hot Lips : *Salvia microphylla*

3.5" Pot Retail Price: \$4.50

Full Sun Hardy zone 7-10
Height 36-48" Width 24-26"
Long blooming sage that has eye catching white and red bicolor blooms.
Rich in nectar for hummingbirds, bees and other pollinators

Salvia, May Night : *Salvia sylvestris X*

3 Qt. Pot Retail Price:

Salvia, Victoria Blue : *Salvia farinacea*

3.5" Pot Retail Price: \$4.25

Perennial Full Sun
Height 18-24"
Beautiful blue flowers. Makes a great cut flower, dried flower or showy in the landscape when planted in mass.

Scaevola : *Blue Fan Flower*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Trailing Growth Habit
Blooms continuously in the heat all summer long
Attracts hummingbirds
Blueish Purple Flowers

Scarlet Runner Bean :

3.5" Pot Retail Price: \$4.25

Full to Part Sun Annual
A hummingbird favorite.
Edible Flower
Scarlet flowers against green, heart-shaped foliage. Rapid climbers. Beans are edible and delicious when young.
Keep pods picked for continuous bloom.

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Scented Geranium, Attar of Roses : *Pelargonium*

3.5" Pot Retail Price: \$5.00

Full sun/part shade
Vigorous growing plant with pink blooms.
Intense rose scent. Leaves can be used for culinary purposes and in potpourris. Dried leaves and flowers make a delightful, relaxing tea to calm the nerves.
BEST SCENTED GERANIUM FOR COOKING/CULINARY USE

Scented Geranium, Citriodorum : *pelargonium*

3.5" Pot Retail Price: \$5.00

Full to part sun 25" tall
Lovely lemon scented foliage
Rose-pink flowers
attracts pollinators and hummingbirds

Scented Geranium, Empress of Russia : *Pelargonium*

3.5" Pot Retail Price: \$5.00

Part Sun
Tender Perennial
Height 12-20"
Beautiful burgundy trimmed in white flowers

Scented Geranium, Lady Plymouth : *Pelargonium*

3.5" Pot Retail Price: \$5.00

Full to Part Sun Tender Perennial
Full upright lemon and rose scented geranium.
Very popular variety!
Beautifully variegated leaves with a touch of creamy white.

Scented Geranium, Nutmeg : *Pelargonium x fragrans*

3.5" Pot Retail Price: \$5.00

Part Sun tender perennial
Height 12-18inches
soft gray-green aromatic foliage with small white flowers with red veins
Makes a nice potted plant and house plant

Scullcap : *Scutellaria*

3.5" Pot Retail Price: \$4.25

Perennial Part Shade
Height 12-28 inches
Likes well drained moist soil
Medicinally used as a nervine to treat anxiety, nervousness, and insomnia. Helps nourish the nervous system.
Great for stopping the racing mind.

Self-Heal : *Prunella vulgaris*

3.5" Pot Retail Price: \$4.25

Full to Part Sun Perennial
Does not like dry out completely
Also called allheal. As the name suggests it is effective medicine for most internal and external wounds. It also makes a great gargle for sore throats. A great herb to add to herbal formulas, especially salves.

Sensitive Plant : *mimosa pudica*

3.5" Pot Retail Price: \$5.50

Plant likes full sun to part shade. perennial but can be invasive so keep in pot. Makes a nice houseplant.
When you touch the leaves they close up and reopen within 10 minutes. Very entertaining plant. It gets a pink bloom.

Shasta Daisy, Banana Cream : *Leucanthemum*

6 Qt. Pot Retail Price:

Shasta Daisy, Becky : *Leucanthemum superbum*

6 Qt. Pot Retail Price:

Shepherd's Purse : *Capsella bursa-pastoris*

3.5" Pot Retail Price: \$4.25

Annual that reseeds readily Part sun Height 18"
Mustard Family prefers rich soil and cooler weather
Medicinally a hemostatic agent used to stop excessive menstrual bleeding or post-partum hemorrhage. Make tea or tincture.

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Shiso, Red :

3.5" Pot Retail Price: \$4.25

Full to Part Sun Annual that reseeds
Height 3 feet tall
Distinct cinnamon/clove flavor and aroma, with the spiciness of
cumin. Used in oriental cooking, sushi, salad mixes and umeboshi
plums. Excellent anti-inflammatory, antioxidant, anti-viral,
antibacterial

Snap Dragon , Potomac Red :

3.5" Pot Retail Price: \$4.25

Full Sun to Part Shade
Annual
Large beautiful deep wine colored snap dragon
Bred for cut flower use

Snapdragon, Potomac Orange : *antirrhinum majus*

3.5" Pot Retail Price: \$4.25

Full to part sun
Annual
bright coral orange blooms
Excellent performer and cut flower

Snapdragon, Potomac Yellow :

3.5" Pot Retail Price: \$4.25

Full Sun
Annual
24" tall
Excellent cut flower

Soapwort : *Saponaria officinalis*

3.5" Pot Retail Price: \$4.25

Part Sun Height 12-24 inch Perennial
Use as a natural soap, the roots and leaves are soaked or heated
in water to extract saponins which produce a lather.
A good non-irritating skin cleanser, shampoo, and soap for
delicate fabrics

Sorrel : *Rumex*

3.5" Pot Retail Price: \$4.25

Hardy perennial. full sun to part shaded, thrives in the cool
spring weather. Clip leaves young for culinary dishes. Well known
for the leaves used in sorrel soup. Leaves have a lemony flavor
can be cooked or eaten fresh. In late summer, cut back to get a
fresh flush of growth with cool fall temperatures.

Sorrel, Red Veined :

3.5" Pot Retail Price: \$4.25

Part to Full Sun Perennial
Height 12-18"
Flashy sorrel for salads or outstanding in the display garden.
Bright green leaves with contrasting dark maroon stems and
veins.
Has the same sharp, tangy flavor of garden sorrel.

Spice bush : *Lindera benzoin*

3 Qt. Pot Retail Price:

Height 8 to 12' tall
rounded deciduous shrub
prefers damp locations
Spring flower followed by a small red fruit maturing in late
August. The leaves and branches make a spicy tea and the dried
red berry can be ground as a pepper substitute

Spikenard : *Aralia racemosa*

3.5" Pot Retail Price: \$4.25

Part to full shade, moist rich soils
Medicinally the root is used to treat upper respiratory issues.
The plant is said to give great strength to weakened parts and
weakened people.

St. John's Wort : *Hypericum perforatum*

3.5" Pot Retail Price: \$4.25

Perennial - Part Sun
harvest leaves and flowers fresh
medicinally antiviral, sedative, pain reducing, depression, used in
salves for wound healing
yellow flowers impart a bright red color to oil

Statice, Seeker Mix : *Limonium sinatum*

3.5" Pot Retail Price: \$4.25

Full sun good soil, and plenty of water. Graceful sprays of star-
like pistils, suspended by delicate cup like calyces. Flowers often
dried for wreath arrangements and potpourri.
Small papery flowers in white, yellow, blue, lavender, and rose

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Stevia : *Stevia rebaudiana*

3.5" Pot Retail Price: \$5.00

Annual in our zone 7
Full Sun/Part Shade Height 18-30"
likes warm nights, wait until night temps above 45
Incredibly sweet leaves and herbal alternative to sugar
medicinally used as a plaque retardant and decay inhibitor

Strawflower Mix : *helichrysum*

Retail Price: \$4.25

Full to Part Sun
space 12" apart
Standard strawflower mix of yellow, bronze, crimson, whites and
shades of rose.
Makes an excellent cut and dried flower.

Succulents :

Retail Price:

Succulents, Aloe :

Retail Price:

Sumac, Staghorn : *Rhus typhina*

6 Qt. Pot Retail Price: \$18.00

Small tree grows up to 15 feet.
Deep red, burgundy erect, cone-like clusters of fruit
Fruit is covered in fuzz rich in malic and ascorbic acid crystals,
very high in vitamin C and iron.

Summer Savory : *Satureja hortensis*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 12-18"
Dark green leaves have a high essential oil content, up to 4%.
Sturdy, short plants
Flavoring for fresh & dry beans, cabbage, and sauerkraut

Sunflower, Autumn Beauty mix :

3.5" Pot Retail Price: \$4.25

Full Sun Height 60"
Bold, beautiful flowers up to 8" across
Bright yellow, bronze, and burgundy shades with some bicolors
Multibranching producing many long stems
Makes an excellent cut flower

Sunflower, Maximilian : *Perennial - Helianthus*

3.5" Pot Retail Price: \$5.00

Height 72-96 "
A perennial sunflower blooms late summer into fall. Masses of 3"
yellow-gold blooms produced along stout, hairy stems. The deer
do NOT like to eat do these hairy stems.
Edible young shoots in the spring eaten raw or cooked. Oil can be
extracted from the seed. Finches LOVE the flowers and seeds.

Sunflower, various kinds to choose from starting in

Retail Price:

Full Sun
Height 60-84 "
Traditional, golden yellow rays with dark brown disks.
Multi branching sunflower that bears many 3-5 inch blooms.

Sweet Alyssum : *Lobularia maritima*

3.5" Pot Retail Price: \$4.25

Full Sun to part shade
Height 8-12 inches
Grows in rock gardens, disturbed areas and hanging baskets
Delightful smelling blooms

Sweet Annie : *Artemisia Annua*

3.5" Pot Retail Price: \$4.25

Height 3-6 feet tall
full sun Annual that reseeds
A favorite for drying and using in wreaths or to add to
potpourris or a fire in the winter for scent.
Feathery green foliage
Medicinally for malaria

Sweet Potato Mix : *Ipomoea*

3.5" Pot Retail Price: \$4.25

Sweet Woodruff : *Galium odoratum*

3.5" Pot Retail Price: \$4.25

Perennial
Shade plant
Height 12 -18"
Vanilla scented leaves commonly used in Maywine.
Helpful for migraines, nervous conditions, and stomach pain.

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Tansy : *Tanacetum vulgare* ' Goldsticks'

3.5" Pot Retail Price: \$4.25

Full Sun Height 24-36 " Perennial
Excellent cut flower for fresh and dried use. Improved variety has longer stem length and longer flowering time. Can also be used as a dye.
Plant has insect repellent qualities.

Tarragon, French : *artemisia dracunculus sativa*

3.5" Pot Retail Price: \$4.25

Perennial - Full Sun
Height 18-24"
likes moist well-drained soil
true culinary variety taken from cutting
very distinctive flavor used with meats, in dressings, and with vegetables, infuse in vinegar

Tassel Flower 'Irish Poet' : *Emilia javanica*

3.5" Pot Retail Price: \$4.25

Full to part sun Height 16-25"
Rare Heirloom making a comeback
Annual that self-sows, blooms are a light, bright orange
Good pollinator plant
weave amongst other annuals for a showy mass of blooms

Teasel, Fullers : *Dipsacus sativus*

3.5" Pot Retail Price: \$4.25

Full Sun Height 3-6 feet tall
Biennial
The seeds are an important winter food for the goldfinch.
Fullers Teasel is often used medicinally in treatment of Lyme Disease, joint pain, and arthritic conditions

Thyme, English : *Thymus vulgaris*

3.5" Pot Retail Price: \$4.25

Perennial
Sun/part shade Light well-drained soil
Height: 6-12 " Spacing: 6-8 "
classic culinary herb and windowsill herb
medicinally leaves used in tea for sore throats, and coughs, antifungal

Thyme, German Winter : *Thymus vulgaris*

3.5" Pot Retail Price: \$4.25

Full Sun Well drained soil Perennial
The standard winter hardy thyme. Great flavor and yields.
A favorite in our garden and spreads easily. Thyme is a warming herb that supports the lungs, spleen, kidneys, bladder & heart.
It has expectorant and anti viral properties, soothes digestion, and antioxidant.

Thyme, Lemon : *Thymus x citriodorus*

3.5" Pot Retail Price: \$4.25

Tender Perennial
Small creeping variety with a lemon fragrance
bushy habit
Full Sun and good drainage

Thyme, Mother of : *Thymus serpyllum*

3.5" Pot Retail Price: \$4.25

Thyme, Silver : *Thymus Vulgaris 'Agenteus'*

3.5" Pot Retail Price: \$4.25

Perennial - Full Sun
well drained soil, low growing creeping herb
same flavor and fragrance as English thyme

Thyme, Woolly : *Thymus pseudolanuginosus*

3.5" Pot Retail Price: \$4.25

Perennial - Full Sun
Needs very well drained soil
avoid night watering
low carpets of gray, woolly leaves with pink flowers
lacks scent and use is visual interest

Toothache plant : *Spilanthes acmella*

3.5" Pot Retail Price: \$4.25

Part to full sun, moist soil, Height 12 inches
Annual
Prefers sun, rich soil and water. Beautiful plant. Medicinally antiviral. Also used for toothaches as the leaves have a mild anesthetizing effect. Also used as an antibiotic against candida.
Fresh leaves are edible and eaten like cress.

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Torenia, Moon Indigo :

3.5" Pot Retail Price: \$4.25

Full Sun to Part Shade
Height 10"
Variegated purple blooms
Vigorous growth habit with constant blooms all summer long

Tulsi 'Kapoor' : *Ocimum sanctum*

3.5" Pot Retail Price: \$4.25

Full Sun - thrives in heat
Annual Height 18-36"
Has a wonderful scent that fills the air.
Medicinally known as an adaptogen herb, immune enhancer, antifungal, antibacterial, aids digestion. Good for the person that is stressed out. Wonderful infused in honey or as a tea.

Tulsi, Amrita - Holy Basil : *Ocimum tenuiflorum*

3.5" Pot Retail Price: \$4.25

Full Sun
An outstanding cultivar for producing true tropical like tulsi tea. Leaves are green with purple highlights on a densely leaved bush.
Armita tests high for the eugenol marker compound and for high rosmarinic acid. Known as the nectar of immortality!

Tulsi, Holy Basil Red and Green : *Ocimum sanctum*

Retail Price: \$4.25

Full Sun, regular watering - can be a windowsill herb
Slender leaves, purplish stems, and purple flower bracts
musky scent of a mix of mint and cloves. Add to food dishes or make tea or tincture. Medicinal- warming, benefits digestion, male/female tonic, adaptogen.

Tulsi, Krishna, Holy Basil : *Ocimum tenuiflorum*

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Seed from Horizon Herbs Tulsi Triad Collection
Tropical conditions.
Lab tests show it has the highest concentration of immune stimulating triterpenic compounds

Tulsi, Rama, Holy Basil : *Ocimum sanctum*

3.5" Pot Retail Price: \$4.25

Full Sun - thrives in heat Annual
Annual 70 days to maturity
Seed from Horizon Herbs
Medicinally known as an adaptogen, immune enhancer, aids digestion. Wonderful infused in honey or as a tea.

Tulsi, Vana, Holy Basil : *Ocimum gratissimum*

3.5" Pot Retail Price: \$4.25

Full Sun - thrives in heat Semihardy
Annual 70 days to maturity
Seed from Horizon Herbs
Medicinally known as an adaptogen, immune enhancer, aids digestion. Wonderful infused in honey or as a tea.

Valerian : *Valerian Officinalis*

3.5" Pot Retail Price: \$4.25

Perennial Part Shade
Height: 48-78" Spacing: 12-18"
rich moist soil beautiful white flowers
medicinally a good sedative, relaxing nerve, used for anxiety
used in relief of digestive cramps and menstrual cramps

Verbena Bonariensis :

3.5" Pot Retail Price: \$4.25

Heirloom Tender Perennial and Self-sows
Height 36-48 "
Radiant lilac flowers atop long, thin airy stems.
Heat tolerant
attracts butterflies non-stop bloomer!
combines well with Tassel Flower

Verbena Tukana Raspberry :

Retail Price:

Verbena, Homestead Purple :

3.5" Pot Retail Price: \$4.50

Full Sun
Very heat Tolerant plants that spread.
The hotter it gets the more it blooms.

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Veronica, Giles van Hees : *Veronica spicata*

Retail Price:

Vinca, Mediterranean Mix :

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 4-6 inches Spread 20 inches
Special blend of pinks, fuschia, and white flower mix.
Very heat and drought tolerant with many blooms.

Viola, Johnny Jumps Ups : *aka heartsease*

3.5" Pot Retail Price: \$4.25

Full Sun to Part Shade
Also known as medicinally Hearts-Ease to mend a broken heart
1-2" flowers that are edible
may spread by seed each year
Excellent fall color in the garden.

Virginia Blue Bells : *Martensia virginica*

Retail Price:

Vitex, chaste Tree : *Vitex agnus-castus*

Retail Price:

Perennial bush to small tree. Prefers sun and dry soils.
Bears bright blue flowers in mid-summer. Will still thrive and
flower even in drought.
Green or ripe berries are made into a hormone regulating tea.

Weigela Czechmark Trilogy :

Retail Price:

Full to part sun
Height 42 inches Spread 65 inches
Flowers start out white and soon transition to pink, then finally
to red.
Very eye catching blooms!

White Sage : *Salvia apiana*

3.5" Pot Retail Price: \$5.00

Height: 16-36" Spacing: 12-18"
Full Sun
Overwinter inside
Native American incense herb often used to make smudge sticks
Good for clearing out bad energy
Good for attracting bees

Wild Lettuce : *Lactuca virosa*

3.5" Pot Retail Price: \$4.25

Full to Part Sun Biennial
Height 6 feet tall
Known as lettuce opium. Leafy plant with small bright yellow
flowers.
Medicinally used for pain, insomnia and digestive help
Plant has a white sappy latex content

Wilde Dagga : *Leonotis leonurus*

3.5" Pot Retail Price: \$4.25

Full sun - regular watering aka Lion's tail Height 6 feet tall
Highly decorative and hummingbird love these plants.
Traditional African herbal used for fevers, headache, flu,
dysentery, epilepsy, intestinal worms, and poisonous bites. Dried
leaves and flowers have a calming effect. Tincture combine with
skullcap for pain and inflammation.

Wilde Dagga, Cordao : *Leonotis nepetaefolia*

3.5" Pot Retail Price: \$4.25

Flowers faster than other daggas. Height up to 5 feet tall
Full Sun and regular watering
Hummingbirds love this plant and is highly decorative in the
garden.
Medicinally, leaves are brewed as a tea for coughs, fever, and
malaria or smoked as an euphoric. Also used as a pain reliever
when prepared as a tea or tincture.

Winter Savory : *Satureja montana*

3.5" Pot Retail Price: \$4.25

Full Sun Height 12"
Good drainage
Strong, pungent flavor used in culinary dishes.
Perennial

Wisteria, Amethyst Falls : *Wisteria frutescens*

Retail Price:

Full to part sun
A shorter growing wisteria
Height 8-10 feet

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Witchhazel : *Hamamelis virginiana*

Retail Price:

Height 13 Feet Spread 13 Feet Part Sun
Blooms in February with pale yellow clusters of blooms that are slightly fragrant. Good fall yellow foliage.
The bark, leaves, & twigs are high in tannins giving the plant astringent properties. A tea can tighten and soothes varicose veins, hemorrhoids, bruises, and throat gargle.

Woad : *Isatis tinctoria*

3.5" Pot Retail Price: \$4.25

Biennial
Full to Part sun
Height 48"
Main source of blue dye in Europe.
Contains same dyestuff as indigo.

Wood Betony : *Stachys officinalis*

3.5" Pot Retail Price: \$4.25

Perennial
Height 2 feet tall
part shade moisture loving plant
tincture or tea of fresh leaves used as a general pain reliever and nerve tonic. One of the best herbs to treat nerves when trying to curb an addiction of any kind.

Wormwood : *Artemisa absinthium*

Retail Price: \$4.25

Perennial, full sun, dry, poor soil.
Height 3 feet tall
Silvery- green foliage.
Bitter herb often used in wines.
Stimulates the digestive process.
Also known as a remedy for parasites.

Yarrow, Colorado :

3.5" Pot Retail Price: \$4.25

Full Sun Perennial
24" height
prefers well-drained soil
Flowers mix of red, pink, apricot, cream, yellow and white
makes an excellent cut or dried flower

Yarrow, Moonshine : *Achillea 'Moonshine'*

Retail Price:

Perennial
Full Sun Well Drained Soil
Beautiful greyish foliage and huge yellow flowers that are great for flower arrangements and drying.

Yarrow, white : *Achillea millefolium*

3.5" Pot Retail Price: \$4.25

Full to part sun in average soils.
Perennial, spreading plant. Height 2 feet tall
Most medicinal type. Contains high levels of active essential oils.
Antiseptic, anti-inflammatory, and hemostatic.
Often used in reducing/treating fever and bladder infections.
Great wound plant.

Yellowdock : *Rumex crispus*

3.5" Pot Retail Price: \$4.25

Perennial Full to part sun
Thrives in VA and clay soils. Easy to grow. The root, when dried is used as a gentle laxative, and good source of bioavailable iron.
A good spring tonic. Seeds can be used in cooking and on home crackers. The very young leaves can be added to stir fry.

Zinnia, Benary's Giant Mix :

3.5" Pot Retail Price: \$4.25

Full sun, Annual
Traditional cutting flower with a long vase life.
Cut and come again all season.
High yield on strong stems 4-6 inch brilliant flowers.

Zinnia, Profusion Cherry Bicolor :

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 14-18 inches
Cherry red, rose and white bicolor blooms on compact, uniform and vigorous plants
Great for containers or front of border ground plantings.
Very heat tolerant and showy blooms.

Herb Plant Price List

2317 Evergreen Rd.
Louisa, Va 23093
(540)967-1165
(434)882-2648
www.forrestgreenfarm.com



Zinnia, Profusion Orange :

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 12-15 inches
Orange blossoms on compact, uniform and vigorous plants
Great for containers or front of border ground plantings.
Very heat tolerant and showy blooms.

Zinnia, Zahara Sunburst :

3.5" Pot Retail Price: \$4.25

Full Sun Annual
Height 12-18inches
Bright red petals are brushed with sunny yellow tips that burst with color!
Great for containers or front of border ground plantings.
Very heat tolerant and showy blooms.

Zinnia, Zowie yellow flame :

3.5" Pot Retail Price: \$5.00

Full Sun Annual
Grows 24-36 inches tall. Performs well in the heat.
Outstanding zinnia 3 inch semi-double flowers have iridescent magenta canthers and petals dipped in orange.
