

# Herb Plant Price List

2317 Evergreen Rd.  
Louisa, Va 23093  
(540)967-1165  
(434)882-2648  
www.forrestgreenfarm.com



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## Ageratum, Blue Horizon F1 : *ageratum houstonianum*

3.5" Pot

Retail Price: \$4.50

Full Sun Annual  
Height 24-30 inches  
Tight, blue flower clusters  
Use to attract bees and butterflies to your garden  
Classic cut flower for bouquets  
Very heat tolerant

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## Agrimony : *Agrimonia eupatoria*

3.5" Pot

Retail Price: \$4.50

Herbaceous perennial, full sun, average soil.  
Height 3 feet tall  
Tea has great reputation as a wash for healing wounds & skin eruptions. Internally, tea useful for liver, kidney, & bladder problems. Produces yellow, gold, and green dyes.  
Folk lore- hang above door to keep out unwanted energy

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## Aloe : *Aloe vera*

3 Qt. Pot

Retail Price: \$6.00

Part Sun  
Needs good drainage.  
Let dry out between watering.  
Bring inside in September for the winter.

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## Amaranth, Pampas Plume :

3.5" Pot

Retail Price: \$4.50

Full Sun Height 33-48"  
Masses of soft feather, 2-6" long plumes in scarlet, bright yellow, pink and cream.  
Excellent cut flower or dry for crafting.

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## Amaranthus Love-lies-Bleeding : *Amaranthus*

3.5" Pot

Retail Price: \$4.50

Annual Full Sun Height 36-60 inches  
Crimson tassels up to 24" long drip from these showy plants. Can be used fresh or dried in arrangements.  
The greens can be boiled or cooked in soups. The seeds can be popped (like popcorn) or ground into flour.

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## Angelica : *Angelica archangelica*

3.5" Pot

Retail Price: \$5.00

Biennial Full to Part Sun Height 3 feet tall  
Best known for candied stems and having flavor similar to licorice.  
Digestive aid, bitter, carminative, antispasmodic, antimicrobial, expectorant, diuretic, cholagogue, stimulant tonic  
Prefers part sun in VA and moist soil.

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## Anise : *pimpinella anisum*

3.5" Pot

Retail Price: \$4.50

Annual 3ft tall. Full sun  
Umbel Flowers attract butterflies.  
Best known for flavoring liqueurs. Seeds used in baking and confectionary goods. Fresh leaves chopped in soups, stews, sauces, & salads. Aids digestion and eases coughs.

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## Anise-Hyssop : *Agastache foeniculum*

3.5" Pot

Retail Price: \$4.50

Full Sun Perennial Height 16-24 inches  
Attractive plant produces abundant nectar. Great bee plant.  
Leaves and flowers can be used fresh or dried for salads, teas and garnishes.  
Excellent summer cooling tea with a sweet licorice minty flavor  
Purple flowers that are edible.

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## Argyranthemum : *Butterfly Yellow*

3.5" Pot

Retail Price: \$5.00

Full to part Sun Annual  
Height 12 inches  
Full Sun Height 24"  
Daisy-like blooms all summer long!  
Blooms are the size of a half dollar  
Pinch back spent blooms  
A daisy that loves the heat!

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## Arnica : *Arnica montana*

3.5" Pot

Retail Price: \$5.50

Part sun  
Perennial zones 6-9  
Height 8-12"  
Prefers cool climate, good drainage and acid soil (good for rock gardens). Has strong analgesic and antiseptic effects good for trauma. Infuse flowers in oil for use in salves and wound remedies.

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## Asclepias "Monarch's Promise" : *Asclepias*

3.5" Pot Retail Price: \$5.00

Full Sun Annual  
Height 28-40 inches  
Prefers warm, dry conditions  
Attract butterflies including Monarchs  
Gorgeous variegated milkweed

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## Ashitaba : *Angelica keiskei koidzumi*

3.5" Pot Retail Price: \$6.00

Biennial Part sun Water every other day - needs moist but not too moist. Likes compost rich soils. Grows slowly at first but then reaches 5 feet tall X 4 feet wide. Rare. The nutritional benefits of this high chlorophyll plant are extensive and tasty. Has the presence of B12 a vitamin not usually found in plants. Traditionally this is called a rejuvenating food for long life.

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## Aster, New England Aster : *Aster novae-angliae*

3 Qt. Pot Retail Price: \$7.50

Full to Part Sun Height 4' Perennial  
Bloom Time -August thru October, rich purple flowers with orange centers. Loved by pollinators.  
Medicinally, used for lungs issues such as asthma or allergies. It is antispasmodic, calmative, decongestant, diaphoretic, expectorant, and nerveine.

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## Astragalus : *Astragalus membranaceus*

3.5" Pot Retail Price: \$5.00

Herbaceous perennial native to -15 degrees. Prefers full sun, average soil, with good drainage. Medicinally known for immune enhancing benefits. Used for common cold to recuperation from chemotherapy. Make a decoction of root or add to soups. Can also make a tincture of root.  
Chinese Medicine refers to as Huang-qi

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## Baptisia : *Baptisia Australis*

3 Qt. Pot Retail Price: \$10.00

Perennial full to part sun  
Height 3 feet  
beautiful bluish purple flowers  
Great for flower arrangements

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## Basil, African Blue : *Ocimum canum*

3.5" Pot Retail Price: \$4.50

Full Sun Annual Height 24 inches  
Rare, minty tasting African Basil.  
Medicinally used as a tea for persistent headache, migraine, fever, worms, and rheumatism.  
Excellent herb to infuse in honey and mead making.  
Great bee plant.

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## Basil, Cinnamon : *Ocimum basilicum*

3.5" Pot Retail Price: \$4.50

Full Sun. Annual  
Height 26-30".  
Distinctive violet stems, veining, and flower bracts with lavender blooms and 2" long leaves. Beautiful in casual flower bouquets.

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## Basil, Genovese "Rutgers Devotion" : *Ocimum*

3.5" Pot Retail Price: \$4.50

Annual - full sun Height: 24-30 "  
Extremely Mildew resistant variety  
Plant as a windowsill herb in house for fall  
a favorite authentic Italian basil  
dark green leaves about 3" long, this variety is slow to bolt  
pinch back flowers to continue leaf production

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## Basil, Greek Columnar :

3.5" Pot Retail Price: \$4.50

Full Sun Heirloom  
Height 8-10 inches  
Native to Southeast Asia. Tiny leaves on dome shaped plants.  
Great for adding into salads, use in cooking or add to tomato sandwiches.  
We find it to be the most disease resistant basil that has the classic basil taste.

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## Basil, Italian Large Leaf : *Ocimum basilicum*

3.5" Pot Retail Price: \$4.50

Full Sun Annual  
24-30" tall  
Large plant with medium dark green leaves up to 4' long.  
taste is even sweeter than Genovese basil.  
Excellent large leaves for pesto making!

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## Basil, Lime : *Ocimum americanum*

3.5" Pot Retail Price: \$4.50

Full Sun warm temperatures. Annual  
Ht. 16-20".  
Adds a unique citrus flair to fish, salads and drinks.  
Compact plant has 2" long, bright green leaves.

## Basil, Mrs. Burns Lemon : *Ocimum basilicum*

3.5" Pot Retail Price: \$4.50

Full Sun Height 20-24" Annual  
Sweet, tangy lemon basil  
Very bright green 2- 1/2 inch leaves, very attractive plant and  
intensely flavorful.

## Basil, Red Rubin : *Ocimum basilicum*

3.5" Pot Retail Price: \$4.50

Full Sun, Annual  
Height 18-24 inches.  
warm temperatures. Vigorous purple, Italian large Leaf type.  
High yields and great flavor

## Basil, Thai :

3.5" Pot Retail Price: \$4.50

Full Sun, warm temperatures  
Annual  
has an anise-clove flavor  
attractive purple stems and blooms  
great in Thai cooking

## Bay Laurel : *Laurus nobilis*

3 Qt. Pot Retail Price: \$9.00

Perennial in zone 8-10 full sun  
does well in pot and can be brought in during frost months  
leaf best known for its flavor in cooking  
leaf can also be dried and used in food storage of rice, bean, &  
grains to deter insects (weevils).

## Begonia, Red mix :

3.5" Pot Retail Price: \$4.50

part sun  
Wax begonia with profuse blooming.  
Beautiful double flowering variety.  
Great in containers.

## Bergamot, Lemon Mint : *Monarda Citriodora*

3.5" Pot Retail Price: \$4.50

Full Sun Annual  
Height 30-38"  
Makes an excellent cut or dried flower. Has pink-purple flower  
whorls on square stems.  
Young foliage is strongly lemon-scented and good for teas.  
Attracts butterflies and hummingbirds to the garden.

## Bergamot, Wild : *Monarda fistulosa*

3.5" Pot Retail Price: \$4.50

Full to part sun in moist soil  
Perennial Height 36-48"  
Edible Lavender flowers with strong fragrance.  
Makes a great tea. Used medicinally to aid digestion and  
specifically for a headache that is caused by poor digestion and  
constipation

## Black Eye Susan Vine (Yellows) : *Thunbergia alata*

3.5" Pot Retail Price: \$5.00

Full Sun Height 4' to 5'  
A sunny mix of soft yellow, orange and white flowers with dark  
eyes.  
Needs a trellis or something to climb. Does well in a pot with a  
small trellis. Can also be put into a window box or hanging  
basket.

## Bleeding Heart, Valentine, Dicentra : *Dicentra*

3 Qt. Pot Retail Price:

## Blessed Thistle : *Cnicus benedictus*

3.5" Pot Retail Price: \$4.50

Annual Full Sun  
Height 15-24"  
Main value is tonic for the digestive system  
Said to improve circulation and blood, thereby strengthening the  
brain and memory, increases energy and antidepressant

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## Blue Vervain : *Verbena hastata*

3.5" Pot Retail Price: \$4.50

Perennial Full to part sun  
Height up to 5 feet tall  
like growing in damp areas, beautiful blue flower spikes  
Native North American Wildflower  
Medicinally, has a tranquilizing effect, useful for insomnia and nervous conditions. Good for neck pain!  
Good for neck pain!

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## Boneset : *Eupatorium perfoliatum*

3.5" Pot Retail Price: \$4.50

Perennial full to part sun  
likes wet areas. white flowers 1-5 ft high, very showy and long lived flowers  
medicinal - remedy for colds & intermittent fever, especially for flu. dried leaf and flowering tops used in tea or tincture.  
Known to take the aches away during flu. Sip tea slowly

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## Borage : *Borago Officinalis*

3.5" Pot Retail Price: \$4.50

Annual Full Sun/part Shade Height: 18-30"  
Add young leaves & flowers to salad. Medicinally, leaves used as a tonic to restore & renew adrenal glands especially after cortisone or steroid use. Infused vinegar is mineral rich used on foods & fungicidal for ringworm & athletes foot as a soak.

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## Broom, Dyer's : *Genista tinctoria*

3.5" Pot Retail Price: \$4.50

Full to part sun  
Height 24-35 inches  
Used to dye wool a bright yellow color  
Medicinally used for gout and rheumatism.

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## Burdock : *Arctium lappa*

3 Qt. Pot Retail Price: \$7.50

Full Sun Biennial Height 36 inches  
Extraordinary nutritive and blood cleansing properties. Long roots- best for medicine. Also makes a great edible root for stir fries or added to soups or pickled.  
Harvest regularly for stir fry or for medicine in fall after frost or early the next spring

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## Calendula : *Calendula officinalis*

3.5" Pot Retail Price: \$4.50

Full/part sun Height: 24-30" Spacing: 6-12" Annual Edible flower  
Brilliant, long lasting, orange edible flowers  
Used in making healing salves for cuts, wounds, burns, dry skin, diaper rash and more  
Excellent lymph mover, use for yeast and fungal disorders, antiseptic, antibacterial, and anti-fungal.

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## Calendula, Erfurter Orange : *Calendula officinalis*

3.5" Pot Retail Price: \$4.50

Full to part sun Height 2 feet  
Superior variety grown for its flowers and medicine.  
Known for anti-inflammatory properties, wound healing, lymph mover and soothing effects on the skin.

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## Caraway : *Carum carvi*

3.5" Pot Retail Price: \$4.50

Biennial - Full Sun/Part Shade  
Well drained soil  
culinary - fresh leaves in soups, salads, and cabbage dishes  
medicinally - steep crushed seed in milk or water for digestive upset

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## Catmint : *Nepeta mussinii*

3.5" Pot Retail Price: \$4.50

Sun to part shade Height 12-18"  
Perennial  
Lavender blooms on spiky stems- very showy  
Cats do like but not as much as catnip  
Medicinal - tea for nervous tension

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## Catnip : *Nepeta Cataria*

3.5" Pot Retail Price: \$4.50

Full Sun  
Height 24-48" Spacing: 12-18"  
Perennial known to be adored by cats  
Medicinally the leaves and flowering tops are used as a gentle antispasmodic, mild sedative, and sleep aid.  
Good windowsill house plant to supply your cats.

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## Celandine : *Chelidonium majus*

3.5" Pot Retail Price: \$4.50

Perennial  
Part Sun Height 2 feet tall  
Latex juice mixed with vinegar is said to remove warts and corns.  
Medicinally used in small doses with caution for stomach pains, gallbladder and inflammation.

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## Celosia, Cramer's Amazon :

3.5" Pot Retail Price: \$4.50

Annual full sun  
moist fertile soil  
great for bouquets fresh or dried burgundy bloom  
pinch back at 12" tall or it can grow 9' tall

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## Celosia, Cramer's Burgundy : *Celosia argentea*

3.5" Pot Retail Price: \$4.50

Full Sun Annual Height 30-36"  
moist fertile well-drained soil  
blooms can reach 4-5" across appx. 15-20 stems per plant  
Can be easily dried for flower arrangements or potpourri  
real show stopper in the garden

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## Celosia, Cramer's Rose : *Celosia argentea cristata*

3.5" Pot Retail Price: \$4.50

Full Sun Height 30 -36"  
Prolific, iridescent rose-colored , crested type celosia  
Blooms 2- 6" across  
15 to 20 stems per plant

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## Chamomile, Common (German) : *Matricaria recutita*

3.5" Pot Retail Price: \$4.50

Height: 15-24" Spacing 8" Perennial  
Sun/part shade - Annual that reseeds readily  
A prolific producer of flowers.  
Dried flowers make a gentle sedative tea for calming and improving digestion

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## Chamomile, Roman : *Chamaemelum nobile*

3.5" Pot Retail Price: \$4.50

Perennial ground cover  
Height: 10-16" spacing: 8-12"  
plants grow to form a wonderful smelling carpet ground cover  
can be used in teas

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## Chervil : *Anthriscus cerefolium*

3.5" Pot Retail Price: \$4.50

Sun/part shade moist, rich soil  
height: 10-24" Spacing: 6"  
Part sun height 12 -20 inches  
Delicate parsley and anise type flavor used with fish, poultry, eggs, and soups. Popular for salads and as a garnish  
Medicinally; settles digestion, lower blood pressure, and high in vitamin C

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## Chia : *Salvia hispanica*

3.5" Pot Retail Price: \$4.50

Plant 1 foot apart Full Sun and needs regular watering  
Each plant grows 3 to 5 feet tall  
Prefers warm soils. Roasted and crushed seeds can be mixed with water or chewed to make a gel that is an excellent source of energy and used to increase endurance  
Bee and butterfly plant

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## Chinese Lantern : *Physalis franchetii*

3.5" Pot Retail Price: \$4.50

Full to part sun  
Height 24"  
Great as a fresh cut flower or dried for craft projects!  
Berries inside the husk are edible when fully ripe; cook similar to ground cherry

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## Chives : *Allium schoenoprasum*

3.5" Pot Retail Price: \$4.50

Perennial - Full Sun/Part Shade  
Height: 18" Spacing: 4-8 "  
mild onion flavor, leaves used in culinary dishes  
attractive pink globe shaped edible blooms in spring  
use leaves fresh, dried, or frozen  
Edible flowers

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## Cilantro, Santo : *Coriandrum sativum*

3.5" Pot Retail Price: \$4.50

Annual - Full Sun to Part Shade Height: 12-18" Spacing: 2-4"  
Fresh leaves used in culinary dishes  
Medicinally said to help remove toxins, especially heavy metals, from the body.  
The dried seed from this plant is used as the seasoning coriander. Flowers attract beneficial insects.

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## Clary Sage : *salvia sclarea*

3.5" Pot Retail Price: \$4.50

Full to part sun Biennial Height 4 feet  
Greenish gray foliage with a beautiful pink flower spike.  
Likes some afternoon shade.  
seeds soaked in water produce mucilaginous eye bath which removes particles - hence the name clear eye  
leaves used as a fixative in potpourris

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## Cleavers : *Galium aparine*

3.5" Pot Retail Price: \$4.50

Part Sun average soil  
Annual- Height 12"  
Ground dweller that creeps and crawls  
Medicinal - a superior lymphatic tonic.  
Also use as a diuretic and for treating upper respiratory illness.

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## Clematis, various types :

3 Qt. Pot Retail Price:

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## Cleome, spider flower : *Cleome pink lady*

3.5" Pot Retail Price: \$4.50

Full Sun Annual Height 3-4 feet tall  
Cleome gets it's nickname "Spider Flower" from the spidery-like flowers with long, waving stamen which are held on tall, strong leafy stems. Planted in mass, They look like blooming shrubbery with 8-inch balls of blossoms.

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## Coleus, Dark Ruffles :

3.5" Pot Retail Price: \$4.50

Full to part sun  
Height 18 "Purple leaves with green trim around the ruffled edges

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## Comfrey : *Symphytum officinale*

3.5" Pot Retail Price: \$5.50

Perennial Height 24 inches  
Moist well-drained soil - full /part sun  
contains healing agent allantoin  
used to heal cuts, abrasions, injuries, etc.  
The flowers replenish their nectar every 45 minutes so a good bee plant.

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## Cornflower : *Centaurea*

3.5" Pot Retail Price: \$4.50

Annual  
Often nicknamed Bachelor's Button.  
Height 24-30 inches. Full sun to part shade.  
Tolerates poor soil. Blue & pink flowers mix make great cut flowers and are also edible and can be used for salads and desserts.

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## Cosmos : *Cosmos bipinnatus*

3.5" Pot Retail Price: \$4.50

Full Sun Annual Height 48-54 "  
Single flowers 3-4 inches across in lavender, pink, magenta, & white.  
Excellent in as a cut flower and is the cut & come again variety

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## Cosmos, Bright Lights :

3.5" Pot Retail Price: \$4.50

Full Sun Annual Height 36"  
Showy orange and yellow cosmos. Makes an excellent cut and come again flower for arrangements. Attracts butterflies and hummingbirds.  
Great for Fall Color  
Easy to save seed and may reseed

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## Cosmos, Double Click Mix : *Cosmos bipinnatus*

3.5" Pot Retail Price: \$4.50

Full Sun Annual  
Height 42-46"  
Tall plants with large fully double and semi-double blooms in shades of pinks and whites. Makes an excellent cut flower and is a cut and come again flower.

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## Cosmos, Xsenia : *Cosmos bipinnatus*

3.5" Pot Retail Price: \$4.50

Full Sun Height 24-28"  
Multicolored rose colored at edges with terracotta orange filling in the mid-petals. Blooms color fade to warm antique rose as the blooms mature.  
Grows tidy flowers good for cut flower

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## Cotton : *Gossypium hirsutum*

3.5" Pot Retail Price: \$5.50

Red Foliated White Cotton  
Height 3-5 feet tall  
A beautiful plant with dark red stems and leaves. Will be green when it first starts growing but then develops its red.  
Wait for bolls to split open before harvesting.

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## Cuban Oregano : *Plectranthus amboinicus*

3.5" Pot Retail Price: \$5.00

Full Sun Height 12-18" tall  
Needs good drainage. Does well in containers with a succulent potting mix. Makes a good house plant.  
Use for culinary dishes for a bold flavor.  
Medicinally, used for respiratory and throat infections, to stimulate lactation, for rheumatism, and constipation.

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## Culver's Root : *Veronicastrum virginicum*

3.5" Pot Retail Price: \$4.50

Part to Full Sun Height to 4 feet tall  
Perennial  
Produces spikes of beautifully stunning white flowers  
Medicinally used by Native Americans, the aged root is a gentle laxative and tonifying to the liver.

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## Cup & Saucer Vine : *Cobaea scandens*

3.5" Pot Retail Price: \$5.00

Heirloom Annual grows to 20 feet Full Sun  
The development of the flowers is quite a show. They start out green, five cornered, papery buds, then open to reveal the green saucer and bell shaped flower. The pale flower then becomes striped with violet and then changes to deep purple.

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## Curry : *Helichrysum italicum*

3.5" Pot Retail Price: \$4.50

Full sun Good drainage  
Height 12-16"  
Silver leaves are used to flavor rice, vegetables and eggs  
Yellow flowers

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## Cutting Celery : *Apium graveolens*

3.5" Pot Retail Price: \$4.50

Part to Full Sun  
Height: 18" Spacing: 6"  
semi-hardy perennial  
Leafy herb with bold celery flavor  
Use fresh in salads, cooked in soups, and in vegetable dishes

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## Cypress Vine : *Ipomoea quamoclit*

3.5" Pot Retail Price: \$4.50

Heirloom 1806  
Annual Height 15 feet vine  
Blooms summer to fall with red delicate, star shaped flowers  
Do not eat- just for show

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## Dianthus, Chabaud Benigna :

3.5" Pot Retail Price: \$4.50

Full to Part Sun Height 24-30"  
Tender perennial zones 6-8  
Vintage carnation, scented French Heirloom variety  
Frisly double blooms with creamy white petals with a rose colored edging.  
Edible flower petals

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## Dianthus, Firewitch : *Dianthus gratianopolitanus*

3 Qt. Pot Retail Price:

Full to part sun  
Perennial  
Height 8" tall with a 16" spread  
Fragrant magenta flowers spread above a compact mounds of blue-gray foliage.  
Blooms mid-late spring

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## Dianthus, volcano mix : *Dianthus barbatus*

3.5" Pot Retail Price: \$4.50

Full to part sun Height 16-24"  
Tender perennial  
Edible Flower  
Excellent cut flower, showy variety

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## Dill, Bouquet : *Anethum graveolens*

3.5" Pot Retail Price: \$4.50

Full to Part Sun  
Annual  
Height 38-42" Good leaf and seed yields.  
Use for pickling, stews, salads, breads, and sauces.  
Can replant a fresh plant in the fall for cool weather production.

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## Dill, Thalia : *Anethum graveolens*

3.5" Pot Retail Price: \$4.50

Full to Part Sun  
Annual  
Excellent Bunching dill with good full blue-green foliage and flavor  
Slow to bolt variety with uniform growing habit for easy cutting for culinary use

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## Echinacea pallida : *Echinacea pallida*

3.5" Pot Retail Price: \$5.00

Full Sun Prairie like conditions Hardy to -30 degrees  
Perennial Height 3 feet  
Loves the heat  
Medicinally one of the better varieties for medicine.  
Immune boosting, anti-viral, anti-microbial.

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## Echinacea, Angustifolia :

3.5" Pot Retail Price: \$5.00

Narrow leaf Echinacea Full Sun Perennial  
Height: 2 feet tall Spacing: 6"  
Provide excellent drainage  
Medicinally most active of Echinaceas

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## Echinacea, Cheyenne Spirit : *Echinacea x hybrida*

3.5" Pot Retail Price: \$5.50

Full Sun thrives in VA heat!  
Perennial  
Good for bees and pollinators  
First Year flowering perennial  
Vivid orange, red, purple, scarlet, cream, yellow and white blooms in this vibrant mix

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## Echinacea, Primadonna White : *Echinacea purpurea*

3.5" Pot Retail Price: \$5.00

Echinacea PowWow White  
Full Sun 24" tall  
Perennial  
White cone flower with very full blooms on each plant.

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## Echinacea, Purpurea :

3.5" Pot Retail Price: \$4.50

Full Sun Perennial Heat Lover! Drought resistant and deer resistant  
Ht. 24-36"  
Vigorous plants with large, purple-petaled flowers. Makes an excellent cut flower.  
Fibrous roots are easy to harvest 3rd year growth and beyond for medicinal qualities

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## Elderberry : *Sambucus nigra*

3 Qt. Pot Retail Price: \$20.00

Perennial, deciduous, part sun moist soils  
The most tried & true species for medicinal use, and the berries are very tasty. The syrup, tincture, or glycerite of the berries are excellent for treating the common cold and increase overall immunity.

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## Elderberry, Bob Gordon : *Sambucus canadensis spp.*

6 Qt. Pot Retail Price: \$20.00

Full Sun to part shade (prefers afternoon shade)  
Height 6-8 feet. less bushy than other varieties  
The berries of Bob Gordon are larger and juicier than other elderberry varieties so it makes an excellent jelly & syrup extract.  
Produces fruit a little earlier in the season.

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## Elderberry, York : *Sambucus canadensis spp.*

6 Qt. Pot Retail Price: \$20.00

Full Sun to part shade (prefers afternoon shade)  
6-8 feet tall and tend to be less bushy and more tree like  
York variety is an early season bearer and tend to produce before the birds become a big problem.  
Has a the biggest and juiciest berries of all the elderberry varieties

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## Elecampane : *Inula helenium*

3.5" Pot Retail Price: \$4.50

Perennial - Full Sun Height 4-5 feet  
moist, fertile soil  
bright yellow flower yields yellow and orange dyes  
dried root preparations to quiet coughing, stimulate digestion,  
and tone the stomach.  
Infuse root slices in honey for a cough & cold remedy

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## Evening Primrose : *Oenothera biennis*

3.5" Pot Retail Price: \$4.50

Biennial Full Sun can withstand poor, dry soil conditions  
Drought tolerant herb produces mucilaginous blooms in evening to  
morning.  
High in essential fatty acids.  
Outstanding bloomer 3 to 6 feet tall.

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## Everlasting : *Helichrysum*

3.5" Pot Retail Price: \$4.50

Most popular everlasting flower.  
Long Cherished for dried flower quality.  
Height 36-40"  
Full Sun

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## Fennel, Bronze & Green : *Foeniculum vulgare*

3.5" Pot Retail Price: \$4.50

Perennial zones 7-10 Full Sun  
Height: 24-36" Spacing: 2-4"  
feathery foliage with sweet flavor, nonbulbing type  
leaves used salads, and dressings, seeds used in baking  
medicinally used as a digestive aid (seeds)

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## Feverfew : *Tanacetum Parthenium*

3.5" Pot Retail Price: \$4.50

Perennial - Sun/Part Shade  
Height: 24-36" Spacing: 8-12"  
small yellow and white daisy-like blossoms  
small pungent, aromatic self-seeding  
Leaves used for fevers, menstrual cramps, and migraines

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## Fo-Ti - He-shou-wu : *Polygonum multiflorum*

3.5" Pot Retail Price: \$4.50

Part Sun to shade  
Perennial zone 7-12  
Vining Herbaceous perennial, vigorous climber  
Legendary Oriental Elixir of life. Rejuvenating properties!  
Tonic herb to restore blood, support liver and kidneys and  
cardiovascular system. Root used.

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## Forget Me Not : *Cynoglossum Seed*

3.5" Pot Retail Price: \$4.50

Full to Part Sun Height 18-24 inches  
Annual  
Intense Blue  
VERY productive perfect for bouquets  
Attracts bees

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## Four O'clock mix : *Mirabilis jalapa*

3.5" Pot Retail Price: \$4.50

Full to Part Sun Perennial  
flowers have trumpet shaped blooms in pink, white, and yellow.  
It has the habit of blooming after 4pm.  
It blooms due to a drop in temperature more so than the time of  
day. Hummingbirds love this plant!

---

## Foxglove Mix : *Digitalis purpurea*

3.5" Pot Retail Price: \$4.50

Biennial Full Sun  
Purple and pinkish blooms. Center spikes are large and full, and  
side shoots fill out the plant. Great for bouquets and gardens!

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## French Marigold, durango outback mix : *Tagetes*

3.5" Pot Retail Price: \$4.50

Annual Height 8-12"  
Extra large blooms 2-2.5"  
Highly branching large and showy plants  
Deters pests in gardens.  
Good companion plant.  
Quick growing!

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## Fuchsia Mix : *fuchsia hybrid*

3.5" Pot Retail Price: \$4.50

Part to almost full shade  
heat tolerant plant  
prefers Moist soil  
Beautiful two toned flowers that hummingbirds love!

---

## Garlic Chives : *Allium tuberosum*

3.5" Pot Retail Price: \$4.50

sun./part shade perennial  
Height: 15-18" Spacing: 6-8"  
showy white flowers in midsummer  
Flowers are edible  
leaves have a taste of garlic and chives  
Makes a nice pesto

---

## Geranium, Wild : *Geranium maculatum*

3.5" Pot Retail Price: \$4.50

Part Shade Height 18-20"  
Woodland perennial prefers moist woodland soil and part shade.  
Hardy to -40 degrees.  
Lilac flowers in the spring.  
Medicinally very astringent.

---

## Germander : *Teucrium chamaedrys*

3.5" Pot Retail Price: \$4.50

Full Sun perennial Height 8-14"  
Showy edging plant with glossy dark green leaves and rose flowers. Infusion quiets upset stomach and promotes appetite - use in small doses only.  
Very sturdy plants that withstands heat, drought and blooms profusely.

---

## Globe Amaranth QIS Formula Mix : *Gomphrena*

3.5" Pot Retail Price: \$5.00

Full Sun  
Height 18-20 inches  
Thrives in the heat! Drought tolerant  
Makes an excellent cut flower or dried flower  
Mix is the shade of purple, pinks and white.

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## Globe Amaranth, QIS Carmine : *Gomphrena*

3.5" Pot Retail Price: \$5.00

Full Sun Height 18-20" Annual  
Rose colored blooms  
Very heat tolerant plant will bloom all summer until frost.  
Unusual glowing shade. Makes an excellent cut flower or can be dried for arrangements and potpourri.

---

## Globe Amaranth, Orange : *Gomphrena haageana*

3.5" Pot Retail Price: \$5.00

Full Sun  
Height 18-20 inches  
Very heat tolerant plant will bloom all summer until frost.  
Blooms are deep orange. Makes an excellent cut flower or can be dried for arrangements and potpourri.

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## Globe Amaranth, Ping Pong Lavender :

3.5" Pot Retail Price: \$5.00

Full Sun Height 16-20 "  
Annual  
Lavender Flowers  
Heat and drought tolerant  
Excellent cut flower and good for drying and crafting

---

## Goldenrod, European : *Solidago virgaurea*

3.5" Pot Retail Price: \$4.50

Full Sun Height 30 inches  
Perennial  
beautiful clusters of yellow flowers in late summer.  
Medicinally used for bladder disorders, diuretic, upper respiratory infections and to treat mucous congestion from cold or allergies.

---

## Gomphrena, Fireworks : *Aka Globe amaranth*

3.5" Pot Retail Price: \$5.00

Full Sun Annual  
Height 48 inches  
Vigorous plants spread 4 ft. The flowers are hot pink tipped with bright yellow. A real show stopper in the garden!  
Very drought tolerant and blooms incredibly in the summer heat.

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## Gotu Kola : *Hydrocotyle asiatica*

3.5" Pot                                      Retail Price: \$4.50

Energy boosting leaves great addition to salads  
Remarkable rejuvenating properties for connective tissue  
Makes an excellent indoor potted plant  
Medicinally- a rejuvenating diuretic herb that clears toxins and reduces inflammation. Used in treatment of rheumatoid arthritis  
Great for connective tissue and brain function!

---

## Gravel Root - Joe-Pye Weed : *Eupatorium*

3.5" Pot                                      Retail Price: \$4.50

Perennial Full Sun to Part Sun  
Gravelroot. Tall native plant that emits a vanilla scent and has rosy-purple flowers. Valuable for kidney problems. Respiratory - diaphoretic to induce sweating and then reduce fevers.  
Use with Marshmallow root and make a mineral rich tea.  
grows 5-7 feet tall. Very showy plant.

---

## Greek Mountain Tea : *Sideritis syriaca*

3.5" Pot                                      Retail Price: \$4.50

Woody Perennial 18" tall. Mediterranean herb hardy to 10 degrees.  
Prefers well drained soil and full sun.  
A great tasting tea herb. Used medicinally, the dried flowering tops made into a tea for treating colds and restless insomnia.

---

## Heliotrope Purple Marine :

3.5" Pot                                      Retail Price: \$5.00

Full Sun VERY Heat tolerant  
Heirloom Plant  
Annual  
Rich moist soil  
Strong vanilla scented blooms  
Combines well with lantana in the flower beds and containers.

---

## Hen-and-Chicks : *Sempervivum tectorum*

Retail Price:

Full Sun Rock Gardens and good draining sandy soil  
Extremely cold hardy succulents.  
Edible astringent to the mucous membranes.  
The "mother hen" will soon make chicks that can be easily nestled into dryish soil and they will root on their own.

---

## Hibiscus, Roselle : *Hibiscus sabdariffa*

3.5" Pot                                      Retail Price: \$5.50

Tropical plant zone 9-11. Height 4 feet tall  
Can be grown in our zone and harvest the red calyces for medicinal tea with delicious taste. Fruits used to make jellies, syrups, and fruity tasting drinks. Treat as an annual here in VA.  
Very large showy plant in just one summer. Medicinally, used to treat high blood pressure and urinary tract infections.

---

## Hollyhock : *Alcea rosea*

3.5" Pot                                      Retail Price: \$4.50

Classic Cottage Garden Flower - Mixed Shades  
Hollyhocks are very drought resistant, and do well in full sun locations that might be too hot or dry for other plants. They produce large, flat coin-shaped seeds (1/2" diameter) that seem to grow easily wherever they drop.

---

## Honeywort, Kiwi Blue : *Crinthe Major Purpurascens*

3.5" Pot                                      Retail Price: \$4.50

Part sun with afternoon shade preferred  
A recently rediscovered ancient flower grown in Europe since the Middle Ages. A relative of borage and each flower has a drop of honey that makes it irresistible to pollinators.

---

## Hops : *Humulus Lupulus*

3.5" Pot                                      Retail Price: \$5.00

Full Sun  
Herbaceous perennial vine growing to 30 feet in a season.  
Native to the temperate north and fully cold hardy.  
Used in beer making and medicinally as a sedative.

---

## Horehound : *Marrubium Vulgare*

3.5" Pot                                      Retail Price: \$4.50

Full Sun - Perennial  
average well-drained soil on the dry side  
does not like wind  
used to make cough drops, for chronic catarrh and colds  
companion planting - stimulates and aids fruiting in tomatoes

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## Horseradish : *Armoracia rusticana*

3 Qt. Pot                                      Retail Price: \$9.00

Perennial Full to Part sun  
Well-drained soil  
widely know condiment plant.  
Harvest anytime in the fall after hard frost. Store trimmed and washed roots in plastic bag in refrigerator.

---

## Hyacinth Bean : *Dolichos lablab*

3.5" Pot                                      Retail Price: \$5.00

Full Sun Annual  
Will climb to 10 to 20 feet tall  
VERY SHOWY, hummingbirds love this plant  
Green and wine-colored foliage, purple stems, lilac-rose blossoms and shiny, magenta pods (2-3").

---

## Hyssop : *Hyssop officinalis*

3.5" Pot                                      Retail Price: \$4.50

Perennial - Sun to part shade  
Height: 16-24" Spacing: 6-12"  
Great plant for attracting bees, has bright blue-violet flowers used as ornamental and medicinal plant  
medicinal - coughs, asthma, congestion, externally for bruises & burns, antiviral against herpes

---

## Impatiens, Double Musica Fine Purple :

3.5" Pot                                      Retail Price: \$5.00

Part sun  
Height 8"  
Double rose bud type blooms on neat compact plants  
nice in container or hanging baskets

---

## Impatiens, Double Pink Aroma :

3.5" Pot                                      Retail Price: \$5.00

Part sun  
Height 8"  
Double rose bud type blooms on neat compact plants  
nice in container or hanging baskets

---

## Impatiens, Sunpatiens Compact Rose Glow :

3.5" Pot                                      Retail Price: \$5.00

Full to Part Sun  
Height 14 inches

A heat loving sunpatien that is compact, clean and bloom continuously.

---

## Impatiens, Sunpatiens Pink Blush :

3.5" Pot                                      Retail Price: \$5.00

Full to Part Sun Height 14 inches  
A heat loving sunpatien that is compact, clean and bloom continuously.

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## Jiao-gu-lan, Japanese : *Gynostemma pentaphyllum*

3.5" Pot                                      Retail Price: \$5.00

Hardy to 20 degrees and does well in eastern VA in sheltered spots  
Otherwise grow in pot and bring indoors, it does well as a house plant with a small support to vine. Prefers part sun.  
Medicinally, make a tea of dried leaves for energy. Contains saponins like ginseng that rejuvenate and build energy

---

## Kiss Me Over The Garden Gate : *Polygonum*

3.5" Pot                                      Retail Price: \$5.00

Annual full to part sun 6 to 9 feet tall  
Rapid grower and will put out a marvelous display of towering long rose-pink clusters of flowers that droop down. A real knock out display in the garden until frost. In China, the root is used for treating hepatitis

---

## Lady's Mantle : *Alchemilla vulgaris*

3.5" Pot                                      Retail Price: \$5.00

Part Sun Perennial  
Hardy to -30 degrees. Rich, moist soil part sun. Deep green leaves funnel and collect dew drops that glisten in the morning light.  
Medicinally known as a female herb for menstrual disorders. Tea useful for treating PMS and menopausal type mood swings.

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## Lamb's Ear, Wooly : *Stachys byzantina*

3.5" Pot Retail Price: \$4.50

Full sun to part shade Perennial  
Height 12-18 inches  
Needs good drainage.  
Delightful soft foliage resembling a lamb's ears. Silvery appearance is ideal for contrasting in the garden.  
Medicinally used to bandage wounds- stops the blood and soothes

---

## Lantana, Dallas Red :

3.5" Pot Retail Price: \$5.00

Full sun & well drained soil  
Tall Variety 30"  
Attracts hummingbirds  
Loves the heat, blooms all summer long

---

## Lantana, Miss Huff :

3.5" Pot Retail Price: \$5.00

grows to 30" tall  
a most hardy type of lantana  
hardy to zone 7  
orange, yellow, and pink blooms

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## Lantana, New Gold :

3.5" Pot Retail Price: \$5.00

Spreading Type Full Sun well & drained soil  
A hummingbird's delight!  
Does well in ground or in containers

---

## Lantana, Peaches :

3.5" Pot Retail Price: \$5.00

Annual  
Height 16-20 inches  
Pink/yellow/lavender blooms  
Annual Very heat tolerant.  
Loved by hummingbirds and bees

---

## Lantana, Trailing Lavender :

3.5" Pot Retail Price: \$5.00

Full Sun  
Spreads 3 to 6 feet and about 12-15" tall  
Very drought tolerant once established  
Light purple flowers that will flow and cover a large area and even spread down a wall or out of a pot

---

## Lantana, Trailing white :

3.5" Pot Retail Price: \$5.00

Full Sun  
Spreads 3 to 6 feet and about 12-15" tall  
Very drought tolerant once established  
White flowers that will flow and cover a large area and even spread down a wall or out of a pot

---

## Lantana, Wagon Wheel Pink :

3.5" Pot Retail Price: \$5.00

Full Sun  
Annual  
Height 16-20 inches  
Pink/yellow/lavender blooms  
Annual Very heat tolerant.  
Loved by hummingbirds and bees

---

## Lavender, Goodwin Creek :

3.5" Pot Retail Price: \$5.00

Full Sun 28" tall  
Attractive silvery toothed leaves and long spikes of large deep purple-blue flowers. Withstands heat and humidity better than most lavenders. Can plant in ground or in a pot.  
Hardy zones 7-9

---

## Lavender, Provence : *Lavandula angustifolia*

3.5" Pot Retail Price: \$5.00

Perennial- Full Sun Height: 20"  
Variety typical of the Provence region of France  
One of the hardy varieties for VA  
Fragrant deep blueish purple blooms  
needs well drained soil

---

## Lemon Balm : *Melissa Officinalis*

3.5" Pot Retail Price: \$4.50

Full sun - Height: 18-26" Spacing: 12"  
Perennial  
Moist well drained fertile soil  
Easy to grow, white flowers, very distinct lemon flavor  
Medicinally used for colds, flu, depression, and indigestion  
a great mild antiviral

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## Lemon Grass : *Cymbopogon*

3 Qt. Pot Retail Price: \$9.00

Full Sun Zone 8 and above  
Height 3 to 5 feet  
delightful lemon-scented grass, the tangy leaf bases are used in Thai and Vietnamese cooking  
leaves make a pleasant tea (hot or cold) used medicinally for digestion and fever as a tea

---

## Lemon Verbena : *Aloysia triphylla*

3.5" Pot Retail Price: \$5.00

Full Sun  
Height up to 5 feet tall  
Strong lemon flavored leaves. Great for culinary use.  
Use leaves fresh or dried.  
Medicinally, used as an uplifting, vitamin rich tea.  
zone 8-10 suggested to take indoor for winter

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## Licorice : *Glycyrrhiza glabra*

3.5" Pot Retail Price: \$4.50

Full sun, dry alkaline soils Perennial that spreads.  
Demulcent and expectorant, adaptogen herb, immunostimulant, immunomodulator. For treatment of chronic fatigue, adrenal exhaustion, or gastric ulcer. Often added in small amounts in herbal formulas and considered to be a synergist, making herbs work together more effectively.

---

## Lobelia : *Lobelia inflata*

3.5" Pot Retail Price: \$4.50

Part Sun Annual  
Height 2 feet  
prefers well-drained average soil.  
In small doses it acts as an indispensable antispasmodic on the respiratory system  
Often referred to as Indian Tobacco.

---

## Lobelia, great blue : *Lobelia siphilitica*

3.5" Pot Retail Price: \$4.50

part sun and moist soil  
Perennial  
Height 2-3 feet tall

---

## Lobelia, Red : *Lobelia cardinalis*

3.5" Pot Retail Price: \$4.50

Cardinal Flower  
Perennial  
Height 4 feet tall  
Prefers damp areas in part sun  
Provides a brilliant red splash of color in semi-shady locations.  
Used as nervine and antispasmodic

---

## Lovage : *Levisticum officinale*

3.5" Pot Retail Price: \$4.50

Perennial - Sun to part shade  
Height: 48-78" Spacing: 18-24"  
Leaves have an excellent flavor for soups, stews and casseroles  
Young leaves taste like celery, medicinal use as a stimulant and warming digestive tonic.

---

## Love-in-a- Puff : *Cardiospermum halicacabum*

3.5" Pot Retail Price: \$5.00

Heirloom 1800's  
Tender Perennial Climbs 10 -12 ft tall  
Full Sun Blooms summer to fall  
Buoyant light green seed capsules follow the small white flowers. Inside each capsule resides 3 seeds, each marked with a perfect white heart

---

## Mallow, common : *Malva sylvestris*

3.5" Pot Retail Price: \$4.50

Full to Part sun Height 24 inches  
Infusion made from pink flowers or leaves is used externally to moisturize and tone skin. Internally to soothe mucous membranes irritated and inflamed by coughs, stomach upsets, and other intestinal problems.

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## Marigold :

3.5" Pot Retail Price: \$4.50

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## Marjoram, wild : *Origanum vulgare*

3.5" Pot Retail Price: \$5.00

Full Sun Perennial Height 18-40"  
Light sweet flavor for teas and cooking.  
Flavor resembles oregano but much milder and more versatile for cooking.  
Pink flowers can be dried for wreaths.  
Medicinal- antiviral and antibacterial

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## Marshmallow : *Althaea officinalis*

3.5" Pot Retail Price: \$4.50

Perennial Full Sun - moist to wet soil  
4 feet tall 2 feet wide  
flowers & leaves in salads  
High mucilage content good demulcent.  
Noted for soothing irritation and inflammations of the skin,  
throat, eyes, lungs, and urinary organs.  
Used in bronchitis and coughs

---

## Meadowsweet : *Filipendula ulmaria*

3.5" Pot Retail Price: \$4.50

Perennial  
Attractive wildflower with sweet almond scent.  
Anti-inflammatory and pain relieving, the plant is the source of  
salicylic acid. Likes rich, moist soil in part sun.

---

## Mexican Bush Sage : *Salvia leucantha*

3 Qt. Pot Retail Price: \$8.50

Full Sun  
Semi hardy perennial  
Height 4 to 5 feet  
A show stopper when it blooms in the fall.  
Has green-grayish aromatic leaves and blooms a velvety purple  
flower spike. Makes a good cut or dried flower.

---

## Mexican Mint Marigold : *Tagetes lucida*

3.5" Pot Retail Price: \$4.50

Full Sun Tender Perennial  
Height 16-20  
Aromatic leaves are a substitute for French Tarragon. Sweet  
licorice flavor salads and main dishes. Pretty, golden yellow  
flowers all summer.  
Medicinal: stimulant and diuretic, improves digestion.

---

## Mexican Sunflower, Tithonia :

3.5" Pot Retail Price: \$4.50

Annual Full Sun Very outstanding bloomer in the garden!  
Ht. 60-72".  
3 1/2" wide flowers on strong branching plants with velvety dark  
green leaves. Blooms midsummer to frost. Loves hot dry sites.  
Loved by hummingbirds, butterflies, and moths

---

## Milk Thistle : *Silybum marianum*

3.5" Pot Retail Price: \$4.50

Annual- Full Sun  
Height: 40-54" Spacing: 24-36"  
Large plant with shiny, spined leaves molted with white  
All parts are edible, seed known for liver rebuilding properties.  
The active principle silymarin is a complex that helps stabilize  
and regenerate liver cells.

---

## Milkweed : *Asclepias syriaca*

3.5" Pot Retail Price: \$4.50

Full Sun  
Height 3 feet tall  
Perennial  
Young shoots can be eaten like asparagus.  
Best known as a plant of the Monarch butterfly.

---

## Mint, Apple : *Mentha suaveolens*

3.5" Pot Retail Price: \$4.50

Full Sun Perennial  
Soft gray-green leaves that have an apple-menthol scent.  
Makes a refreshing summer tea.  
Use in culinary dishes.  
We love to make an apple mint infused sugar and use on fruit

---

## Mint, Chocolate :

3.5" Pot Retail Price: \$4.50

Delightful taste of mint and chocolate  
Full sun in average soil

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## Mint, Mojito Cocktail : *Mentha X villosa 'Mojito'*

3.5" Pot Retail Price: \$4.50

Full Sun  
Height 8-18" Spread 24"  
Similar to spearmint but has larger leaves  
great for use in desserts or drinks like Mojitos

---

## Mint, Mountain : *Pycnanthemum pilosum*

3.5" Pot Retail Price: \$4.50

Height 24-36 Spacing: 12" Perennial  
Full Sun - Very fragrant  
used in potpourri, incense, & natural insect formulas  
Medicinal-in teas for indigestion, fevers, and regulate menstrual  
cycle

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## Mint, Peppermint : *Mentha X piperita*

3.5" Pot Retail Price: \$4.50

Full/Part Sun Perennial  
makes a great tea  
Medicinally, excellent for stomach indigestion, calming, antiseptic, antispasmodic, anti-inflammatory, anti-bacterial

---

## Mint, Pineapple :

3.5" Pot Retail Price: \$4.50

Full to Part Sun  
Mint with a hint of pineapple flavor  
Leaves are green with white streaks throughout.  
Excellent for use in culinary dishes with ham or fruit.  
Dries nicely for potpourri.  
Full Sun. This mint is not invasive like many other mints.

---

## Monarda, Panorama Mix : *Monarda didyma*

3.5" Pot Retail Price: \$4.50

Full to Part Sun Height 36-44"  
Perennial zones 4-9 Edible flower  
Also known as Oswego Tea, bee balm and scarlet bee balm  
Semi double blooms in shades of lavender, salmon, magenta, and pale pinks. Attracts hummingbirds and butterflies.  
Leaves & Blooms contain antibiotic & antiseptic compounds

---

## Money Plant, Honesty : *Lunaria annua*

3.5" Pot Retail Price: \$4.50

Biennial self sows, zone 4-9 early spring blooms Plant now for next years blooms. Known for its showiest feature of two foot stalks of silvery coin-shaped seed pods. One of the first European flowers grown in American gardens. Thomas Jefferson wrote about seeing Lunaria in his gardens in 1767.

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## Moonflower : *Ipomoea alba*

3.5" Pot Retail Price: \$5.50

Heirloom Height climbs to 15 feet tall Full Sun  
Night Bloomer that is Very fragrant!  
Dark green heart shaped leaves with lush perfumy bridal white flowers.  
Good pollinator flowers

---

## Moringa : *Moringa oleifera*

3 Qt. Pot Retail Price: \$14.00

Full Sun dry, poor soil  
Hardy zone 9-12 Can cut back and bring in as a potted plant  
Super food! Dry the leaves and powder for use.  
Medicinal: anti-inflammatory, analgesic, sexual enhancer, super nutritive vitamin c, A, calcium, iron, protein.  
Harvest leaves continually.

---

## Morning Glory, Heavenly blue : *Ipomoea tricolor*

3.5" Pot Retail Price: \$4.50

Full Sun to part sun Annual that self seeds  
Climber so needs a trellis or support to grow on  
4-6" trumpets of sky blue with creamy white throats and heart shaped foliage.  
Hummingbirds and butterflies love this plant

---

## Motherwort : *Leonurus cardiaca*

3.5" Pot Retail Price: \$4.50

Perennial - Full Sun  
Height 4 feet tall  
well drained soil  
often used medicinally for menopausal changes, tonic for heart, as a sedative for anxiety after childbirth. Use when you need a little mothering, for both men and women a very supportive herb.

---

## Mugwort : *Artemisia vulgaris*

3.5" Pot Retail Price: \$4.50

Perennial full sun average soil Height 3-5 feet tall  
medicinally a digestive stimulant, nervine, aids normal menstrual flow. This herb is also used in Moxa, burned over acupuncture points to quicken the blood. Well known as a dream -inducer and made into sleep pillows. Often called dream weed. It grows easily and can be invasive so give it room to grow.

---

## Mullein, common : *Verbascum thapsus*

3.5" Pot Retail Price: \$4.50

Full sun average soil  
Biennial that will re-seed  
Height 4-6 feet tall  
medicinally used to moisten mucous membranes, a great soothing agent for the throat, bronchi, and lungs.

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## Mullein, Greek : *Verbascum olympicum*

3.5" Pot Retail Price: \$4.50

Biennial native to Greece that performs well in VA heat  
Full Sun Good Drainage  
Height 4-6 feet tall  
This variety has the best flower production. Medicinally flowers are used in teas, ear oils, and tinctures. Leaves used in teas and tinctures for respiratory issues.

---

## Nasturtium, Empress of India : *Tropaeolum minus*

3.5" Pot Retail Price: \$4.50

Full Sun. Height 16- 20 inches.  
A compact Victorian heirloom.  
Scarlet flowers bloom amongst the dark green foliage.  
Edible flower and leaves have a peppery taste.  
Well drained semi-poor soil - if soil is too rich it won't produce flowers

---

## Nasturtium, Jewel mix : *Tropaeolum minus*

3.5" Pot Retail Price: \$4.50

Annual - Full Sun semi-trailing Space 8" apart  
Known for its mix of single and double blooms in shades of red, pink, orange and yellow  
well drained semi-poor soil - if soil is too rich it won't produce flowers  
Edible flowers & leaves with a peppery taste

---

## Nasturtium, Trailing Mix : *Tropaeolum majus*

3.5" Pot Retail Price: \$4.50

Full sun to part shade  
Flowers in red, rose, orange, and yellow. This trailing variety will grow 96-120"  
The flowers, leaves, and seed pods are all edible. Chop leaves and add to salads, stuff flowers with goat cheese or add to salad or infuse in butter, pickle immature seed heads.

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## Nettle : *Urtica dioica*

3.5" Pot Retail Price: \$4.50

Stinging Nettle Perennial  
Sun/Part Shade Height: 30-60"  
Used medicinally to support the entire body as a tonic  
Dried or cooked, nettles lose their sting and are safe to ingest  
Leaves rich in iron, vitamin C and many other beneficial nutrients.

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## New Jersey Tea/Red Root : *Ceanothus americanus*

3.5" Pot Retail Price: \$4.50

Full Sun Perennial woody shrub native to Eastern US  
Hardy to -20 degrees Tough drought tolerant and cold tolerant  
Lilac scented flowers of white.  
Permaculture plant -nitrogen fixer  
Tasty, non caffeinated substitute for black tea  
Excellent lymph mover

---

## Nicotiana, Scentsation Mix :

3.5" Pot Retail Price: \$4.50

Full Sun Annual  
Tall variety like Thomas Jefferson grew.  
Produces flowers that are in the color range of pink, red, lavender, rose and white.  
May need staking in high wind areas. Fragrant flowers.

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## Oregano, Greek : *Origanum vulgare*

3.5" Pot Retail Price: \$4.50

Height: 8-24" Spacing: 12"  
Full Sun, well-drained soil  
special strain of true Greek Oregano  
heavy aroma, great for Italian cooking  
medicinal - tea for indigestion, antiseptic, infusion in bath for relaxation of muscles

---

## Pansy Mix Varieties : *fall only*

Retail Price:

Blooms fall into early winter adding beauty to the autumn garden and many will come back for a beautiful spring show. To aid them in over-wintering just add a little mulch or pine needles around them for added protection. Pinch back flowers occasionally for more robust plants.  
Edible flowers

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## Papalo : *Porophyllum ruderale*

3.5" Pot Retail Price: \$4.50

Sun to part shade Height 36-60 inches  
Aromatic Mexican native for tacos, salsas and sauces  
Flavor reminiscent of cilantro and arugula.  
Much more tolerant of summer heat than cilantro for growing in our hot summers.

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## Parsley, Curled : *Petroselinum crispum*

3.5" Pot Retail Price: \$4.50

Full Sun Biennial  
Height 12-16 inches  
A traditional curly leaf parsley but has a softer texture.  
Excellent flavor for soups, pestos, salads, and garnish

---

## Parsley, Forest Green : *Petroselinum crispum*

3.5" Pot Retail Price: \$4.50

Full Sun - Biennial  
Long stiff upright stems  
Keep the double curled leaves clean  
Strong parsley flavor

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## Parsley, Giant of Italy : *Petroselinum crispum*

3.5" Pot Retail Price: \$4.50

Full to part Sun Biennial  
Height 18-20"  
Preferred culinary variety. Deep green, flat leaves with strong stems.  
Wonderful culinary flavor!  
Excellent for production for pesto and sauces

---

## Passion Flower : *Passiflora incarnata*

3.5" Pot Retail Price: \$5.50

Perennial Full Sun  
Vigorous climber prefers poor sandy, slightly acidic soil. Beautiful blooms with a flower that suggests the crucifixion scene.  
Medicinally relaxes nervous system and has sedative properties, used to treat insomnia, good for ADD and attention issues.

---

## Patchouli : *Pogostemon patchouli*

3.5" Pot Retail Price: \$5.50

Part Sun Height 28-32"  
Makes a good house plant  
can be over-wintered in the house in a pot  
definitive perfume of the Orient and India  
Used in perfumes, soaps, sachets, and potpourri

---

## Pennyroyal : *Mentha pulegium*

3.5" Pot Retail Price: \$4.50

Full to part sun Perennial Height 12"  
Used for teas for taste and medicinally for headaches.  
Also used to flavor sauces. Minty aroma.  
Has insect repelling properties.  
NOT TO BE USED BY PREGNANT WOMEN!

---

## Penta Lanceolata Nova :

3.5" Pot Retail Price: \$4.50

A real heat and sun lover!  
Height 12-24"  
Flowers continuously through the fall.  
Attracts butterflies and hummingbirds.  
color pink

---

## Penta Lanceolata Silver Star :

3.5" Pot Retail Price: \$4.50

A real heat and sun lover!  
Height 12-24"  
Flowers continuously through the fall.  
Attracts butterflies and hummingbirds.  
color bright white blooms

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## Petunia, various colors & variety :

3.5" Pot Retail Price: \$4.50

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## Pleurisy Root, Butterfly Weed : *Asclepias tuberosa*

3.5" Pot Retail Price: \$4.50

Full Sun Perennial  
Height 1-2 feet  
Magnificent bright orange flowers produce a large quantity of nectar which attracts butterflies.  
Roots act specifically on the lungs as an expectorant and anti-inflammatory.

---

## Portulaca :

3.5" Pot Retail Price: \$4.50

Full Sun Annual Height 6"  
semi double blooms  
Excellent performer in heat and drought  
Blooms in colors of pinks, yellows, white, and orange

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## Primrose, showy decorative : *Oenothera speciosa*

3.5" Pot Retail Price: \$4.50

Full to part sun Height 10' by 18" sprawl  
Perennial  
Upright to sprawling growth of four petaled flowers that are soft pink with yellow to white centers.  
Easy to grow. Good for rock gardens and disturbed areas.

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## Rudbeckia Cappuccino :

3.5" Pot Retail Price: \$5.00

Full Sun Height 18-20"  
Showy annual- thrives in summer heat  
Blooms golden yellow and mahogany red petals with brown disk centers  
Outstanding blooms make excellent cut flowers

---

## Rudbeckia triloba : Rudbeckia

3.5" Pot Retail Price: \$4.50

Full Sun Perennial  
Height 48-60 inches  
Profuse blooms, very drought and heat tolerant  
Good cut flower  
Also known as brown eye Susan

---

## Rudbeckia, cappuccino :

3.5" Pot Retail Price: \$4.50

Full Sun Perennial  
Bright golden ray with brown disks cone type flower  
Height 30"  
Loves the heat and blooms for weeks in the height of summer!

---

## Rue : Ruta graveolens

3.5" Pot Retail Price: \$4.50

Perennial - full sun  
Height: 24-36" Spacing: 12-24"  
Blue green ornamental, pungent bitter leaves  
leaves repel fleas, roots produce colored dye  
medicinal- antispasmodic

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## Russian Sage : Perovskia atriplicifolia

3 Qt. Pot Retail Price:

Perennial Full Sun  
Has a purple-blue flower on grayish foliage with a pleasant scent  
Prefers well-drained soil and full sun  
Excellent bee plant

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## Sage, Berggarten : Salvia Officinalis 'Berggarten'

3.5" Pot Retail Price: \$4.50

Tender perennial Full Sun Height 12-24 inches  
choice culinary strain  
dry well-drained soil  
use fresh leaves anytime for cooking, leaves dry easy for storage

---

## Sage, Clary : Salvia sclarea

3.5" Pot Retail Price: \$4.50

Biennial Height 3 feet  
Dry well-drained soil, do not over fertilize  
pinkish purple blooms with a wonderful scent  
can be used culinary much like traditional sage  
medicinally -infusion of crushed seeds as an eye wash, leaves  
infused in bath water for a stimulating soak

---

## Sage, Common : Salvia officinalis

3.5" Pot Retail Price: \$4.50

Full Sun Perennial  
Height 16-30"  
Good for culinary cooking.  
Plant in pot for indoors. Great flavor for fall and winter cooking!  
medicinally - astringent, antiseptic, antibacterial

---

## Sage, Pineapple : Salvia elegans

3.5" Pot Retail Price: \$5.00

Tender Perennial- Full Sun grows 4-5 feet tall  
pineapple scented leaves, brilliant red flowers (hummingbirds love)  
showy red flowers for fall color in the garden  
use leaves in drinks, chicken, on cheese, in jellies  
pinch plant to keep busy - can be over wintered indoors

---

## Sage, Purple : Salvia officinalis 'purpurea'

3.5" Pot Retail Price: \$4.50

perennial  
dry well-drained soil full sun  
aromatic foliage  
use in culinary dishes

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## Salad Burnet : Sanguisorba minor

3.5" Pot Retail Price: \$4.50

Perennial - Sun to part shade  
Height: 16-24" Spacing: 8-12"  
Mild cucumber flavor, leaves great in salads & garnishes  
Medicinally root to stop bleeding

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## Salvia, Black & Blue : *Salvia guaranticia*

3.5" Pot Retail Price: \$5.50

Full Sun to part sun  
Perennial zone 7-10  
Height 24-32 " Width 12-32 "  
Cobalt blue blooms that bloom spring to fall non-stop  
Attract hummingbird and butterflies

## Salvia, Embers Wish :

3.5" Pot Retail Price: \$4.50

Full Sun grow as an annual in our zone  
Height 3-4 feet  
Excellent hummingbird plant

## Salvia, May Night : *Salvia sylvestris X*

3 Qt. Pot Retail Price:

## Salvia, Victoria Blue : *Salvia farinacea*

3.5" Pot Retail Price: \$4.50

Perennial Full Sun  
Height 18-24"  
Beautiful blue flowers. Makes a great cut flower, dried flower or showy in the landscape when planted in mass.

## Santolina, Lavender cotton : *Santonlina*

3.5" Pot Retail Price: \$4.50

Full Sun Good Drainage  
Attractive low bushy herb with aromatic grey-green leaves.  
Traditionally planted in knot herb gardens or used as low hedges.

## Scaevola : *Blue Fan Flower*

3.5" Pot Retail Price: \$4.50

Full Sun Annual  
Trailing Growth Habit  
Blooms continuously in the heat all summer long  
Attracts hummingbirds  
Blueish Purple Flowers

## Scarlet Runner Bean :

3.5" Pot Retail Price: \$4.50

Full to Part Sun Annual  
A hummingbird favorite.  
Edible Flower  
Scarlet flowers against green, heart-shaped foliage. Rapid climbers. Beans are edible and delicious when young.  
Keep pods picked for continuous bloom.

## Scented Geranium, Attar of Roses : *Pelargonium*

3.5" Pot Retail Price: \$5.50

Full sun/part shade  
Vigorous growing plant with pink blooms.  
Intense rose scent. Leaves can be used for culinary purposes and in potpourris. Dried leaves and flowers make a delightful, relaxing tea to calm the nerves.  
BEST SCENTED GERANIUM FOR COOKING/CULINARY USE

## Scented Geranium, Citriodorum : *pelargonium*

3.5" Pot Retail Price: \$5.50

Full to part sun 25" tall  
Lovely lemon scented foliage  
Rose-pink flowers  
attracts pollinators and hummingbirds

## Scented geranium, Frensham Lemon : *Pelargonium*

3.5" Pot Retail Price: \$5.50

Part Sun Height 6-12"  
A neat and compact lemony scented geranium.  
Small pretty pink flowers with excellent fragrance.  
Great to grow in containers and bring inside in the winter as a house plant

## Scullcap : *Scutellaria*

3.5" Pot Retail Price: \$4.50

Perennial Part Shade  
Height 12-28 inches  
Likes well drained moist soil  
Medicinally used as a nervine to treat anxiety, nervousness, and insomnia. Helps nourish the nervous system.  
Great for stopping the racing mind.

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## Self-Heal : *Prunella vulgaris*

3.5" Pot Retail Price: \$4.50

Full to Part Sun Perennial  
Does not like dry out completely  
Also called allheal. As the name suggests it is effective medicine for most internal and external wounds. It also makes a great gargle for sore throats. A great herb to add to herbal formulas, especially salves.

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## Senecio, crushed velvet :

3.5" Pot Retail Price: \$5.00

Full Sun  
Height 12-16"  
Excellent textural foliage with silver velvety serrated leaves.  
Vigorous grower in containers or gardens

---

## Sensitive Plant : *mimosa pudica*

3.5" Pot Retail Price: \$5.50

Plant likes full sun to part shade. perennial but can be invasive so keep in pot. Makes a nice houseplant.  
When you touch the leaves they close up and reopen within 10 minutes. Very entertaining plant. It gets a pink bloom.

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## Shashta Daisy Dwarf Victorian Secret :

3.5" Pot Retail Price: \$5.00

Full to part sun Height 14-16"  
Perennial  
Beautiful ruffled white daisy like flowers

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## Shepherd's Purse : *Capsella bursa-pastoris*

3.5" Pot Retail Price: \$4.50

Annual that reseeds readily Part sun Height 18"  
Mustard Family prefers rich soil and cooler weather  
Medicinally a hemostatic agent used to stop excessive menstrual bleeding or post-partum hemorrhage. Make tea or tincture.

---

## Shiso, Red :

3.5" Pot Retail Price: \$4.50

Full to Part Sun Annual that reseeds  
Height 3 feet tall  
Distinct cinnamon/clove flavor and aroma, with the spiciness of cumin. Used in oriental cooking, sushi, salad mixes and umeboshi plums. Excellent anti-inflammatory, antioxidant, anti-viral, antibacterial

---

## Snapdragon, Cherry Rose :

3.5" Pot Retail Price: \$5.00

Full Sun Annual  
Height 36"  
Stunning candy pink blooms!  
Makes an excellent cut flower.

---

## Snapdragon, Potomac Orange : *antirrhinum majus*

3.5" Pot Retail Price: \$5.00

Full to part sun  
Annual  
bright coral orange blooms  
Excellent performer and cut flower

---

## Snapdragon, Potomac Yellow :

3.5" Pot Retail Price: \$5.00

Full Sun  
Annual  
24" tall  
Excellent cut flower

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## Snapdragon, Rocket Rose :

3.5" Pot Retail Price: \$5.00

Full Sun Height 30-36"  
Heat tolerant strain  
Excellent cut flower  
AAS winner

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## Snapdragon, Potomac Apple blossom :

3.5" Pot Retail Price: \$5.00

Full Sun Height 40-60" Annual  
White dusted with plum bicolor blooms. Stunning Flowers!  
All season variety  
Edible flowers

---

## Soapwort : *Saponaria officinalis*

3.5" Pot Retail Price: \$4.50

Part Sun Height 12-24 inch Perennial  
Use as a natural soap, the roots and leaves are soaked or heated in water to extract saponins which produce a lather.  
A good non-irritating skin cleanser, shampoo, and soap for delicate fabrics

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## Sorrel : *Rumex*

3.5" Pot Retail Price: \$4.50

Hardy perennial. full sun to part shaded, thrives in the cool spring weather. Clip leaves young for culinary dishes. Well known for the leaves used in sorrel soup. Leaves have a lemony flavor can be cooked or eaten fresh. In late summer, cut back to get a fresh flush of growth with cool fall temperatures.

---

## Sorrel, Red Veined :

3.5" Pot Retail Price: \$4.50

Part to Full Sun Perennial  
Height 12-18"  
Flashy sorrel for salads or outstanding in the display garden. Bright green leaves with contrasting dark maroon stems and veins.  
Has the same sharp, tangy flavor of garden sorrel.

---

## Spice bush : *Lindera benzoin*

3 Qt. Pot Retail Price: \$18.00

Height 8 to 12' tall  
rounded deciduous shrub  
prefers damp locations  
Spring flower followed by a small red fruit maturing in late August. The leaves and branches make a spicy tea and the dried red berry can be ground as a pepper substitute

---

## Spikenard : *Aralia racemosa*

3.5" Pot Retail Price: \$4.50

Part to full shade, moist rich soils  
Medicinally the root is used to treat upper respiratory issues. The plant is said to give great strength to weakened parts and weakened people.

---

## St. John's Wort : *Hypericum perforatum*

3.5" Pot Retail Price: \$4.50

Perennial - Part Sun  
harvest leaves and flowers fresh  
medicinally antiviral, sedative, pain reducing, depression, used in salves for wound healing  
yellow flowers impart a bright red color to oil

---

## Statice, Seeker Mix : *Limonium sinatum*

3.5" Pot Retail Price: \$4.50

Full sun Height 24-30"  
Graceful sprays of star-like pistils, suspended by delicate cup like calyces.  
Flowers often dried for wreath arrangements and potpourri.  
Small papery flowers in white, yellow, blue, lavender, and rose

---

## Stevia : *Stevia rebaudiana*

3.5" Pot Retail Price: \$5.00

Annual in our zone 7  
Full Sun/Part Shade Height 18-30"  
likes warm nights, wait until night temps above 45  
Incredibly sweet leaves and herbal alternative to sugar  
medicinally used as a plaque retardant and decay inhibitor

---

## Strawflower Mix : *helichrysum*

3.5" Pot Retail Price: \$4.50

Full to Part Sun  
space 12" apart  
Standard strawflower mix of yellow, bronze, crimson, whites and shades of rose.  
Makes an excellent cut and dried flower.

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## Succulents :

Retail Price:

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## Succulents, Aloe :

Retail Price:

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## Summer Savory : *Satureja hortensis*

3.5" Pot Retail Price: \$4.50

Full Sun Annual  
Height 12-18"  
Dark green leaves have a high essential oil content, up to 4%.  
Sturdy, short plants  
Flavoring for fresh & dry beans, cabbage, and sauerkraut

---

## Sunflower, Autumn Beauty mix : *early summer*

Retail Price:

Full Sun Height 60"  
Bold, beautiful flowers up to 8" across  
Bright yellow, bronze, and burgundy shades with some bicolors  
Multibranching producing many long stems  
Makes and excellent cut flower

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## Sunflower, Maximillian : *Perennial - Helianthus*

3.5" Pot Retail Price: \$5.00

Height 72-96 "

A perennial sunflower blooms late summer into fall. Masses of 3" yellow-gold blooms produced along stout, hairy stems. The deer do NOT like to eat do these hairy stems.

Edible young shoots in the spring eaten raw or cooked. Oil can be extracted from the seed. Finches LOVE the flowers and seeds.

---

## Sunflower, various kinds to choose from starting in

Retail Price:

Full Sun

Height 60-84 "

Traditional, golden yellow rays with dark brown disks.

Multi branching sunflower that bears many 3-5 inch blooms.

---

## Sunflower, Zohar F1 :

3 Qt. Pot Retail Price: \$7.50

Full Sun Height 36"

Pollen Free Sunflower for cut flower

7" blooms that are Orange gold petals with brown disks

Organic seed used

---

## Sweet Alyssum : *Lobularia maritima*

3.5" Pot Retail Price: \$4.50

Full Sun to part shade

Height 8-12 inches

Grows in rock gardens, disturbed areas and hanging baskets

Delightful smelling blooms

---

## Sweet Annie : *Artemisia Annua*

3.5" Pot Retail Price: \$4.50

Height 3-6 feet tall

full sun Annual that reseeds

A favorite for drying and using in wreaths or to add to potpourris or a fire in the winter for scent.

Feathery green foliage

Medicinally for malaria

---

## Sweet Potato Vine Mix : *Ipomoea*

3.5" Pot Retail Price: \$4.50

Full Sun

Trailing decorative vine

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## Sweet Woodruff : *Galium odoratum*

3.5" Pot Retail Price: \$4.50

Perennial

Shade plant

Height 12 -18"

Vanilla scented leaves commonly used in Maywine.

Helpful for migraines, nervous conditions, and stomach pain.

---

## Tansy : *Tanacetum vulgare ' Goldsticks'*

3.5" Pot Retail Price: \$4.50

Full Sun Height 24-36 " Perennial

Excellent cut flower for fresh and dried use. Improved variety has longer stem length and longer flowering time. Can also be used as a dye.

Plant has insect repellent qualities.

---

## Tarragon, French : *artemisia dracunculus sativa*

3.5" Pot Retail Price: \$4.50

Perennial - Full Sun

Height 18-24"

likes moist well-drained soil

true culinary variety taken from cutting

very distinctive flavor used with meats, in dressings, and with vegetables, infuse in vinegar

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## Tassel Flower 'Irish Poet' : *Emilia javanica*

3.5" Pot Retail Price: \$4.50

Full to part sun Height 16-25"

Rare Heirloom making a comeback

Annual that self-sows, blooms are a light, bright orange

Good pollinator plant

weave amongst other annuals for a showy mass of blooms

---

## Teasel, Fullers : *Dipsacus sativus*

3.5" Pot Retail Price: \$4.50

Full Sun Height 3-6 feet tall

Biennial

The seeds are an important winter food for the goldfinch.

Fullers Teasel is often used medicinally in treatment of Lyme Disease, joint pain, and arthritic conditions

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## Thyme, English : *Thymus vulgaris*

3.5" Pot Retail Price: \$4.50

Perennial  
Sun/part shade Light well-drained soil  
Height: 6-12 " Spacing: 6-8 "  
classic culinary herb and windowsill herb  
medicinally leaves used in tea for sore throats, and coughs,  
antifungal

---

## Thyme, German Winter : *Thymus vulgaris*

3.5" Pot Retail Price: \$4.50

Full Sun Well drained soil Perennial  
The standard winter hardy thyme. Great flavor and yields.  
A favorite in our garden and spreads easily. Thyme is a warming  
herb that supports the lungs, spleen, kidneys, bladder & heart.  
It has expectorant and anti viral properties, soothes digestion,  
and antioxidant.

---

## Thyme, Lemon : *Thymus x citriodorus*

3.5" Pot Retail Price: \$4.50

Full Sun  
Tender Perennial  
Small creeping variety with a lemon fragrance  
bushy habit  
Full Sun and good drainage

---

## Thyme, Mother of : *Thymus serpyllum*

3.5" Pot Retail Price: \$4.50

Full Sun Height 1-2"  
Creeping Thyme/ groundcover  
Rock garden or foot traffic friendly  
Pink-purple intense flowering  
Attracts butterflies and bees

---

## Thyme, Wooly : *Thymus pseudolanuginosus*

3.5" Pot Retail Price: \$4.50

Perennial - Full Sun  
Needs very well drained soil  
avoid night watering  
low carpets of gray, wooly leaves with pink flowers  
lacks scent and use is visual interest

---

## Toothache plant : *Spilanthes acmella*

3.5" Pot Retail Price: \$4.50

Part to full sun, moist soil, Height 12 inches  
Annual  
Prefers sun, rich soil and water. Beautiful plant. Medicinally  
antiviral. Also used for toothaches as the leaves have a mild  
anesthetizing effect. Also used as an antibiotic against candida.  
Fresh leaves are edible and eaten like cress.

---

## Tulsi 'Kapoor' : *Ocimum sanctum*

3.5" Pot Retail Price: \$4.50

Full Sun - thrives in heat  
Annual Height 18-36"  
Has a wonderful scent that fills the air.  
Medicinally known as an adaptogen herb, immune enhancer,  
antifungal, antibacterial, aids digestion. Good for the person that  
is stressed out. Wonderful infused in honey or as a tea.

---

## Tulsi, Amrita - Holy Basil : *Ocimum tenuiflorum*

3.5" Pot Retail Price: \$4.50

Full Sun  
An outstanding cultivar for producing true tropical like tulsi tea.  
Leaves are green with purple highlights on a densely leaved  
bush.  
Armita tests high for the eugenol marker compound and for high  
rosmarinic acid. Known as the nectar of immortality!

---

## Tulsi, Holy Basil Red and Green : *Ocimum sanctum*

3.5" Pot Retail Price: \$4.50

Full Sun, regular watering - can be a windowsill herb  
Slender leaves, purplish stems, and purple flower bracts  
musky scent of a mix of mint and cloves. Add to food dishes or  
make tea or tincture. Medicinal- warming, benefits digestion,  
male/female tonic, adaptogen.

---

## Tulsi, Krishna, Holy Basil : *Ocimum tenuiflorum*

3.5" Pot Retail Price: \$4.50

Full Sun Annual  
Seed from Horizon Herbs Tulsi Triad Collection  
Tropical conditions.  
Lab tests show it has the highest concentration of immune  
stimulating triterpenoid compounds

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## Tulsi, Rama, Holy Basil : *Ocimum sanctum*

3.5" Pot Retail Price: \$4.50

Full Sun - thrives in heat Annual  
Annual 70 days to maturity  
Seed from Horizon Herbs  
Medicinally known as an adaptogen, immune enhancer, aids digestion. Wonderful infused in honey or as a tea.

---

## Tulsi, Vana, Holy Basil : *Ocimum gratissimum*

3.5" Pot Retail Price: \$4.50

Full Sun - thrives in heat Semihardy  
Annual 70 days to maturity  
Seed from Horizon Herbs  
Medicinally known as an adaptogen, immune enhancer, aids digestion. Wonderful infused in honey or as a tea.

---

## Valerian : *Valerian Officinalis*

3.5" Pot Retail Price: \$4.50

Perennial Part Shade  
Height: 48-78" Spacing: 12-18"  
rich moist soil beautiful white flowers  
medicinally a good sedative, relaxing nerve, used for anxiety  
used in relief of digestive cramps and menstrual cramps

---

## Verbena Bonariensis :

3.5" Pot Retail Price: \$4.50

Heirloom Tender Perennial and Self-sows  
Height 36-48 "  
Radiant lilac flowers atop long, thin airy stems.  
Heat tolerant  
attracts butterflies non-stop bloomer!  
combines well with Tassel Flower

---

## Verbena, Homestead Purple :

3.5" Pot Retail Price: \$5.00

Full Sun  
Very heat Tolerant plants that spread.  
The hotter it gets the more it blooms.

---

## Vinca, Mix :

3.5" Pot Retail Price: \$4.50

Full Sun Height 12" inches Spread 8 inches  
A rainbow of all vinca colors of pinks, whites and reds  
Very heat and drought tolerant

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## Viola, Johnny Jumps Ups : *aka heartsease*

3.5" Pot Retail Price: \$4.50

Full Sun to Part Shade  
Also known as medicinally Hearts-Ease to mend a broken heart  
1-2" flowers that are edible  
may spread by seed each year  
Excellent fall color in the garden.

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## White Sage : *Salvia apiana*

3.5" Pot Retail Price: \$7.00

Height: 16-36" Spacing: 12-18"  
Full Sun  
Overwinter inside  
Native American incense herb often used to make smudge sticks  
Good for clearing out bad energy  
Good for attracting bees

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## Wilde Dagga : *Leonotis leonurus*

3.5" Pot Retail Price: \$4.50

Full sun - regular watering aka Lion's tail Height 6 feet tall  
Highly decorative and hummingbird love these plants.  
Traditional African herbal used for fevers, headache, flu, dysentery, epilepsy, intestinal worms, and poisonous bites. Dried leaves and flowers have a calming effect. Tincture combine with skullcap for pain and inflammation.

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## Wilde Dagga, Cordao : *Leonotis nepetaefolia*

3.5" Pot Retail Price: \$4.50

Flowers faster than other daggas. Height up to 5 feet tall  
Full Sun and regular watering  
Hummingbirds love this plant and is highly decorative in the garden.  
Medicinally, leaves are brewed as a tea for coughs, fever, and malaria or smoked as an euphoric. Also used as a pain reliever when prepared as a tea or tincture.

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## Winter Savory : *Satureja montana*

3.5" Pot Retail Price: \$4.50

Full Sun Height 12"  
Good drainage  
Strong, pungent flavor used in culinary dishes.  
Perennial

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# Herb Plant Price List

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## Witchhazel : *Hamamelis virginiana*

6 Qt. Pot Retail Price: \$18.00

Height 13 Feet Spread 13 Feet Part Sun  
Blooms in February with pale yellow clusters of blooms that are slightly fragrant. Good fall yellow foliage.  
The bark, leaves, & twigs are high in tannins giving the plant astringent properties. A tea can tighten and soothes varicose veins, hemorrhoids, bruises, and throat gargle.

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## Woad : *Isatis tinctoria*

3.5" Pot Retail Price: \$4.50

Biennial  
Full to Part sun  
Height 48"  
Main source of blue dye in Europe.  
Contains same dyestuff as indigo.

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## Wood Betony : *Stachys officinalis*

3.5" Pot Retail Price: \$4.50

Perennial  
Height 2 feet tall  
part shade moisture loving plant with outstanding purple blooms  
tincture or tea of fresh leaves used as a general pain reliever and nerve tonic. One of the best herbs to treat nerves when trying to curb an addiction of any kind.

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## Wormwood : *Artemisa absinthium*

3.5" Pot Retail Price: \$4.50

Perennial, full sun, dry, poor soil.  
Height 3 feet tall  
Silvery- green foliage.  
Bitter herb often used in wines.  
Stimulates the digestive process.  
Also known as a remedy for parasites.

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## Yarrow, Colorado :

3.5" Pot Retail Price: \$4.50

Full Sun Perennial  
24" height  
prefers well-drained soil  
Flowers mix of red, pink, apricot, cream, yellow and white  
makes an excellent cut or dried flower

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## Yarrow, Moonshine : *Achillea 'Moonshine'*

3.5" Pot Retail Price:

Perennial  
Full Sun Well Drained Soil  
Beautiful greyish foliage and huge yellow flowers that are great for flower arrangements and drying.

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## Yarrow, white : *Achillea millefolium*

3.5" Pot Retail Price: \$4.50

Full to part sun in average soils.  
Perennial, spreading plant. Height 2 feet tall  
Most medicinal type. Contains high levels of active essential oils.  
Antiseptic, anti-inflammatory, and hemostatic.  
Often used in reducing/treating fever and bladder infections.  
Great wound plant.

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## Yellowdock : *Rumex crispus*

3.5" Pot Retail Price: \$4.50

Perennial Full to part sun  
Thrives in VA and clay soils. Easy to grow. The root, when dried is used as a gentle laxative, and good source of bio available iron. A good spring tonic. Seeds can be used in cooking and on home crackers. The very young leaves can be added to stir fry.

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## Zinnia, Benary's Giant Mix :

3.5" Pot Retail Price: \$4.50

Full sun, Annual  
Traditional cutting flower with a long vase life.  
Cut and come again all season.  
High yield on strong stems 4-6 inch brilliant flowers.

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## Zinnia, Profusion Cherry Bicolor :

3.5" Pot Retail Price: \$5.50

Full Sun Annual  
Height 14-18 inches  
Cherry red, rose and white bicolor blooms on compact, uniform and vigorous plants  
Great for containers or front of border ground plantings.  
Very heat tolerant and showy blooms.

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## Zinnia, profusion double fire :

3.5" Pot                                      Retail Price: \$5.50

Full sun annual. Height 18-20"  
Easy care for ground cover or containers. Free flowering and self  
cleaning with great disease resistance.  
Brilliant orange shade!

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## Zinnia, Profusion Double Hot Cherry :

3.5" Pot                                      Retail Price: \$5.50

Full Sun Height 14"  
Outstanding double 2" hot cherry blooms.  
Excellent performer in the heat of summer.  
Clean plants that need only an occasional dead heading.

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## Zinnia, profusion white :

3.5" Pot                                      Retail Price: \$5.50

Full Sun annual. Height 14- 20"  
Free flowering and self-cleaning.  
2" semidouble flowering white blooms.  
Easy care for ground cover or in containers.  
Tolerates cool or hot humid conditions.

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## Zinnia, Zahara Sunburst :

3.5" Pot                                      Retail Price: \$5.50

Full Sun Annual  
Height 12-18 inches  
Bright red petals are brushed with sunny yellow tips that burst  
with color!  
Great for containers or front of border ground plantings.  
Very heat tolerant and showy blooms.

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